

**Wellington Academy**

**South Cape**

**Check us out online!**

**[www.wellingtonacademyschools.com](http://www.wellingtonacademyschools.com)**



February 2<sup>nd</sup>—Groundhog Day

February 8<sup>th</sup> - Dentist Visit

9:30a for Pre-K and VPK

February 14<sup>th</sup>- Valentines Day

February 19<sup>th</sup>— Wellington Closed

Presidents Day

Refer a friend and  
receive a \$50.00  
credit for two weeks  
totaling \$100.00



Check our Wellington  
Facebook page for  
photos of our classroom  
events and activities.

Become our friend on  
Facebook!

Tuition is due on Friday for  
the following week.

If not paid by 4:00 pm  
Monday a \$40.00 late  
fee will be applied



January is over and now we are  
in the month of love.

This month's theme is  
Healthy Habits.

The classes will be discussing  
the importance of good  
hygiene as well as eating  
healthy foods and exercise.  
February is National Dental  
Month, we will be speaking with  
the children about how  
important it is to brush our  
teeth twice a day.

A dentist will also be visiting  
our school this month.

Each classroom will be having  
Valentine Parties, please check  
the parent board of your child's  
class for sign up sheets.



## Parents Night Out

February 16, 2018 6:00pm-11:00pm

Parents can have the night out while your  
child has a fun filled evening of arts,  
games and a movie. We also provide  
dinner. Siblings and friend's children  
welcome. Please sign up at the front desk.

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Cape Coral, FL 33904

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**Southcape**

**@wellingtonacademy  
schools.com**

For the safety of the  
children, please do not  
leave your car unattended,  
also be sure to watch your  
speed in the parking lot  
and that children are  
attended to at all times.

### Reminder:

- Please have a complete  
set of weather  
appropriate clothes for  
your child in their cubby.
- Don't forget to check  
classroom doors for any  
important information.

**\*Please have your  
children here no later  
than 9:00am so they  
don't miss out  
on valuable  
learning time.**

**VPK starts at 8:30am.**

**Breakfast is served until  
8:30am.**



## Nursery

Love is the air.

February is the month to show those you love, how much you care. Enjoy your Valentine's Day.

Here in the nursery we love our babies all year round.

We would like to give a warm welcome to Anari, Camden and Juliet. We want to wish Micah the best on moving up to the 1s.

David and Sophia are making great improvement on seating up by themselves.

Good job to Adinah on crawling and trying to pull herself up.

Please always remember to label your caps and bottle and don't forget to bring an extra change of clothes.

Thank you for sharing your little one with us!

Love your Infant Teachers:

Ms. Kerry & Ms. Fabiola



## D1

This Month will be filled with lots of fun and play including discussing about good healthy eating habits. We would like to say good luck to Lincoln you will be missed, and a big welcome to Grayson, Lucas ,and Leah to our class. This month we will be tasting lots of healthy fruits and vegetables see the sign up sheet please and thank you. We are going to also continuing singing nursery rhymes, reviewing our alphabets, shapes and colors saying lots of new words and sounds please continue to label all your child's belongings. Any concerns please fell to let us know.

Thank you for letting us learn and play with your child.

Love your Dev. 1 Teachers:  
Ms. Minnie, Ms. Connie  
& Ms. Isabella



## D2

Love is in the air, it's time to welcome the month of February! We are looking forward to a month full of fun activities between this month being Valentine's Day and its Healthy Habits Month!

Our Healthy Habits Month Schedule:

Week 1: Dental Hygiene

Week 2: Health and Safety

Week 3: Personal Hygiene (handwashing)

Week 4: Nutrition

**Activities Coming Up:**

February 9th: Practice Brushing Teeth (Please bring in your child's favorite toothpaste this day, we will supply new toothbrushes)

February 14th-Valentines Day Party 2:15pm (Please bring in a desert or drink of your choosing to share with the class)

February 28th- Friendship Fruit Salad (Please bring in your child favorite fruit to put in our fruit salad to share with all of our friends)

A big welcome Mckenna, Bentley, & Desmond to our classroom!

Please be sure to bring your sheets and blankets home on

Fridays and bring them back the following Monday.

Also, please keep in mind that the weather is changing and your babies are growing, so their spare clothing may need to be changed out every so often. Thank you!

We look forward to a month full of love and education with all of our kiddos!

Love, Ms. Rel & Ms. Madelin

# happy Valentines

## Pre-K

This month's theme is Healthy Habits. We will be learning about eating healthy, exercise and good hygiene.

If you haven't done so already please send in a family picture for our tree.

On February 14th we will be having our Valentine's Day Party, please watch the parent board for more information.

We are asking each child to bring in a Valentine card for their friends. Please address them. "To: My Friend"

We have 20 friends.

Show and Tell is every Friday, your child can bring in any object that begins with the letter of the week.

Please remember to have labeled weather appropriate change of clothing in your child's cubby.

Love your Pre-K Teachers:  
Ms. Heather & Ms. Courtney



## VPK A

Welcome February!

Our VPK class is getting ready to learn all about Healthy Habits, which is the theme for the month. We will have a dentist as a guest speaker educating everyone on proper brushing and healthy foods.

We will also learn all about which foods keep us healthy and how exercise helps us. Our colors are white, pink and red, the shapes are octagon, rectangle and heart, of course, because it's the month for love!

Look for the sign up on the parent board for our Valentine's Day party on the 14th in the classroom.

The children will also exchange Valentine cards as well. If you could please write "to my friend" on the outside of the envelope and have your child sign their name on the inside, that would be great! We will continue our practice of letter and name recognition, scissor skills, writing and sight words.

Please check your child's folder for their work and other important information.

And also welcome Ms. Daphne to our team!

Love your VPK A Teachers:  
Ms. Linda and Ms. Daphne



## VPK B

February 14th is Valentine's Day!

All about love and I love all the children that are in my class so much! Just because February is the month of all things love and Valentine's doesn't mean that's all we are going to be learning about. The month of February is also learning about all things Healthy. Health and safety, dental hygiene,

personal hygiene like washing hands and brushing teeth, and all about nutrition, for example learning about all the healthy yummy foods that's good for our bodies. We will be incorporating healthy snacks

into the snack menu to teach them about healthy snacks and reading fun books about health. The colors to learn this month are white, red and pink!

Pink is one of Miss. Natalie's favorite colors! The shapes this month are Octagon, Rectangle, and heart. I will be continuing to teach them their sight words, numbers, and etc.

We will be having an exciting Valentine's Day Party as well this month, full of cupcakes, cookies, and candies, the total opposite of the healthy habits we will be learning this month! Can't wait! I know this will be a great month and can't wait to make memories with you all!

Love your VPK Teacher:  
Ms. Natalie



# *Happy Birthday*

Jackson E. -----2/7  
Micah C.-----2/16  
Bentley M.-----2/10  
Lincoln F. -----2/13  
Emmalynn K. -----2/14  
Charlotte S.-----2/14

## Teacher Birthdays!

Kerry M.----- 2/24

# February's Menu

MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 2/5 - 2/9</b>					
<b>Breakfast</b>	Waffles, Mandarin Oranges, Milk	<sup>WG</sup> Cheerios, Blueberries, Milk	Cheese <sup>WG</sup> Quesadilla, Strawberries Milk	Biscuits & Grape Jelly, Apple Slices, Milk	<sup>WG</sup> English Muffin, Mixed Fruit, Milk
<b>Lunch</b>	Beefy <sup>WG</sup> Mac, Carrots, Pineapple, Milk	Pizza, Salad (Romaine Lettuce, Cucumber, Ranch Dressing) Applesauce, Milk	Chicken & Rice, Peas, Mandarin Oranges, Milk	<sup>WG</sup> Mac-n-Cheese with Ham, Carrots, Mixed Fruit, Milk	Fish Sticks, Bread and Butter Peas, Pears, Milk
<b>Snack</b>	Cereal Mix (Cheerios, Raisins, Goldfish), Banana, Milk	Graham Crackers, SunButter, Banana, Water	Fruit Salad (Cantaloupe, Honey Due, Watermelon), <sup>WG</sup> Crackers, Water	<sup>WG</sup> Wheat Thins, Fresh Oranges Water	Cheese Sticks, Pretzels, Water
<b>Week of 2/12 - 2/16</b>					
<b>Breakfast</b>	<sup>WG</sup> Bagels, Cream Cheese, Pears, Milk	<sup>WG</sup> Mini Wheats, Strawberries, Milk	Waffles, Blueberries, Milk	Scrambled Eggs, <sup>WG</sup> Toast, Banana , Milk	Cheese <sup>WG</sup> Toast Pineapple, Milk
<b>Lunch</b>	Turkey & Cheese Sandwiches, Green Beans, Pineapple, Milk	Cheeseburgers Mixed Vegetables, Peaches, Milk	<sup>WG</sup> Spaghetti, Meat Sauce, Salad (Romaine Lettuce, Cucumber, Ranch Dressing) Mandarin Oranges, Milk	Chicken Nuggets, Bread and Butter, Green Beans, Pears, Milk	<sup>WG</sup> Chicken Alfredo, Broccoli & Spinach, Peaches, Milk
<b>Snack</b>	<sup>WG</sup> Wheat Thins Fresh Oranges Water	<sup>WG</sup> Goldfish, Cheese Stick, Milk	1 cup Strawberries, Strawberry Yogurt, Granola, Water	Fresh Apples, Pretzels, SunButter, Water	Baby Carrots, Broccoli, Sliced Cherry Tomatoes Ranch Dressing, Ritz Crackers Water
<b>Week of 2/19- 2/23</b>					
<b>Breakfast</b>	<b>Closed</b>	<sup>WG</sup> Wheat Chex, Banana, Milk	Biscuits & Grape Jelly, Blueberries, Milk	<sup>WG</sup> English Muffins, Strawberries, Milk	Raisin Toast Mandarin Oranges, Milk
<b>Lunch</b>	<b>Closed</b>	Pizza, Salad (Romaine Lettuce, Cucumber, Ranch Dressing), Applesauce, Milk	Beefy <sup>WG</sup> Mac, Carrots, Pineapple, Milk	Fish Sticks, Bread and Butter, Carrots, Apple Slices, Milk	Grilled Ham & Cheese, Green Beans, Mixed Fruit, Milk
<b>Snack</b>	<b>Closed</b>	Mini Blueberry Muffins, Milk	Animal Crackers, Banana, Milk	Cereal Mix (Mini Wheats, Raisins, Goldfish), Mandarin Oranges, Milk	American Cheese, <sup>WG</sup> Crackers, Water
<b>Week of 2/26 - 3/2</b>					
<b>Breakfast</b>	<sup>WG</sup> English Muffins, Mandarin Oranges, Milk	<sup>WG</sup> Cheerios, Strawberries, Milk	Cheese <sup>WG</sup> Toast, Mixed Fruit, Milk	Waffles, Blueberries, Milk	Scrambled Eggs, <sup>WG</sup> Toast Pears, Milk
<b>Lunch</b>	Chicken Nuggets, Bread and Butter, Green Beans, Apples, Milk	Pancakes, Sausage, Tater Tots, Mixed Fruit, Milk	<sup>WG</sup> Mac-n-Cheese with Ham, Carrots, Pineapple, Milk	Meatballs, Biscuits, Corn, Applesauce, Milk	Chicken & Rice, Peas, Peaches, Milk
<b>Snack</b>	Baby Carrots, Broccoli, Sliced Cherry Tomatoes, Ranch Dressing, Ritz Crackers Water	Graham Crackers, SunButter, Bananas, Water	1 cup Strawberries, Strawberry Yogurt, Granola, Water	Cereal Mix (Cheerios, Raisins, Goldfish), Banana, Milk	<sup>WG</sup> Wheat Thins Fresh Oranges, Water