

Wellington Academy North Cape

February 2019 Newsletter

We are now online! www.wellingtonacademyschools.com/newsletter



Wellington Academy

Wellington Academy
1024 SE 10th Street
Cape Coral, Fl 33990

Phone
239-574-8818

Open Weekdays
6:30 am to 6:00 pm

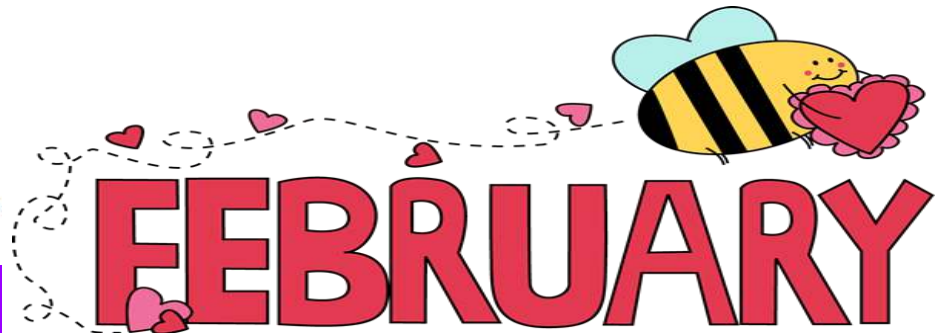
Email:
northcape@wellingtonacademyschools.com

Website:
www.wellingtonacademyschools.com

Tammy Yarter-
Director

**Happy Birthday to all
our friends celebrating
this month!!!**

Emily Deluca
Mason Gonzalez
Alexandria Hogan
Michael Johnston
Logan Perreault
Gage Sanderlin
Luke Schaum
Brock Simmons
Atarah Tape
Cade Williams



Administrators News...

Love is definitely in the air here at the center this month! We had a great start to 2019. January was full of fun activities and learning. This month our lesson plans will focus of "Healthy Habits." Our teachers will be teaching the children all about living healthy lifestyle and staying healthy.

This month our students will participate in exchanging Valentine's Day cards during their Valentine's Day parties. We ask that all students address their cards TO: "a friend," FROM: "your child's name". This ensures that no child will be forgotten.

On Friday, February 15th, we will be hosting a PARENT'S NIGHT OUT!!!! The children love the pajama party! This evening is a fun atmosphere for the children and a great chance for our parents to have some fun too! The cost is \$15 per child and siblings are always welcome! We provide dinner with a side of fun.

Pre-payment is required for PNO & must be made in CASH. Flu season is in full swing. Please make sure your child is washing their hands as soon as they enter the building. If your child has any flu symptoms please keep them home. This helps cut down on germs.

We look forward to the fun month ahead.

Ms. Ashley & I are available any time you may have questions or concerns!

 Ms. Tammy



Parent Night Out

When: Friday, February 15th, 2019

Where: Wellington Academy

Time: 6:30pm-11:00pm

\$15 a child (siblings are welcome!)

Dinner will be served with a side of fun!

Parents – we know you need a night off!

Let us keep the kids while you have a night to yourself!

***Space is limited, so sign up
NOW!! Pre-pay please!!
Sign up sheet is located at the
front desk!***





Get vaccinated

Influenza or "flu" can cause serious illness. Vaccination is the best way to protect yourself and your family.



Cover your cough or sneeze

Cover your mouth and nose with your sleeve or a tissue when you cough or sneeze. Toss your used tissue in the waste basket and wash your hands.

Fight the Flu

It starts with you



Wash your hands

Wash your hands often with soap and water or use an alcohol-based hand cleaner.



Avoid touching your eyes, nose, and mouth

If you touch surfaces with the flu virus, you can get the flu by touching your eyes, nose, or mouth.



Stay home if you are sick

Flu viruses go wherever you go when you are infected. Stay at home and check with your healthcare provider when needed.



Did you know?

Wellington Academy has TWO extra curricular activities that are offered during the school day...



DANCE:

A weekly age appropriate class that incorporates all types of dance! This program is put on by Studio 8 Dance Studio located in Cape Coral.

4 classes for \$45 a month! Sign-Up in the front office!



Happy Feet
soccer

Happy Feet:

A weekly soccer based program that teaches discipline, team skills, as well as basic soccer skills.
All done in a FUN, AGE APPROPRIATE WAY!

\$42 a month- Sign up @ swflhappyfeet.com/programs

Wellington Academy Spirit Night
Pink around the rink!

Saturday February 9, 2019



Join us at the Florida Everblades game!

Tickets: \$15 and \$5 from each purchase goes back to Wellington Academy!

**For tickets: Contact Molly Uphoff
239-948-7825**

Tickets must be purchased by Monday, February 4th!



classroom NEWS

FebruAry 2019



Developmental One

Happy February! We had a great start to the new year! Please remember to bring in your 200 count of baby wipes! Thank you, we appreciate you! Please be sure to keep an eye on our parent board, as we will be having a party for Valentine's Day! Don't forget to label anything you bring to the classroom! If your child needs medication while they are here, please remember to fill out a blue medication slip in the front office, and remember medicine cannot be stored in our classroom! The school has a first aid cabinet located in the kitchen, and this is where it will need to stay! Thank you so much for sharing your babies with us, and we hope you have a great month!

Developmental 2A

January has flown by with an excellent start to the New Year. Our children are settling into a productive routine of learning. While we continue to work with the class on basic skills, such as numbers, colors and shapes, we are also introducing more advanced skills such as reasoning, making choices and expressing feelings with words. Please continue to work on these skills at home with your child as well. Also, an important reminder to everyone is to please make sure your child has a warm jacket for outside activities, as we go outside every day. Each child has a folder that we ask you to check regularly, it will have your child's art work in it, as well as any handouts or flyers. Our Valentine's Day party will be on Thursday February 14th. A sign-up sheet will be posted for anyone who would like to contribute some sweet treats. We hope that you have a love-filled February!

Developmental 2B

Love is in the air! We cannot wait to start all of our Valentine's Day projects. We will be having a Valentine's Day party on Thursday February 14th, so keep an eye on our parent board for a sign-up sheet! Please remember to keep your child's cubby stocked with extra clothes that are weather appropriate!!! All cubbies must be able to close completely, and everything must be easily accessible to your child. This helps to build their independence and self help skills. We hope you have a great month!

Developmental 3A

Welcome to February! This month is all about healthy habits, eating healthy, good hygiene and much more! We can't forget about Valentine's Day, we will be having a classroom Party on Thursday, February 14th. Please be on the look out for a sign up where we will ask for goodies & snacks! We have 18 children in our classroom, so if your child would like to bring in Valentine's they are more than welcome too. Please continue to label all your child's clothing and bedding that gets brought into school, to ensure it does not get lost. Thank you again for all that you do and we cannot wait to see what the month has in store for us!

classroom NEWS

FeBbruary 2019



Developmental 3B

Can you believe that January is already over? Love is in the air, and we are going to take total advantage of it with lots of fun and exciting Valentine's Day crafts and activities. On Thursday, February 14th we will be having a Valentine's Day party. We are asking that each child bring in Valentine cards for their friends, please label them; To: Friend /From: your child's name...we have 18 children in our class. During the month of February we will be talking about good hygiene, healthy eating, proper hand-washing, and daily healthy habits. As the weather is changing, please make sure your child has weather appropriate clothes in their cubby. We cannot wait to see what February has in store for us. Please do not hesitate to come to us with any questions or concerns.

VPK A

Happy February everyone! This month we will be focusing on letters Uu, Vv, and Ww. The numbers this month are 14, 15, and 16. Be sure to always check out our Parent Board and your child's folder for updates from us. We will be closed on February 18th for President's Day, and there is NO VPK on Tuesday, February 19th! Please continue to work on Sight Words, and remember that Show and Tell is only on Fridays! Happy Valentine's Day to everyone, and we look forward to having a great month!

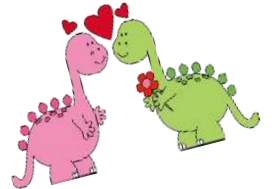
VPK B

Wow! January flew by! February is all about healthy habits! This month we are continuing with the letter Uu, Vv, Ww, and the numbers 14, 15, and 16. The shapes this month are Heart, Octagon, and Rectangle. We will of course continue working on our Sight Words, please continue to work on these at home as well!! Please remember to label everything your child brings into the classroom, and don't forget that toys are only allowed on Fridays for Show and Tell! Please keep an eye on our Parent Board for important information. We will be having a Valentine's Day party on Thursday February 14th. Your child may bring cards to pass out, we are just asking that you label them "To: My friend / From: Your child's name" this makes it much easier when passing them out, and we have 20 children in our class. Don't Forget we are closed on Monday, February 18th for President's Day, and there is NO VPK on Tuesday, February 19th! Thank you for all your cooperation and support, we greatly appreciate you!! Have a great month!

VPK C

Welcome February! This month we will be talking about healthy habits, with things such as hand washing, oral hygiene, healthy food choices and much more!! Our letters of the month are: Uu, Vv, & Ww, and the numbers of the month are: 14, 15, 16. We will be having a Valentine's Day party on the 14th, please keep an eye on our Parent Board for updates on that! Your child may bring cards to pass out, please label them "To: My friend / From: Your child's name" as this makes it easier to pass them out! Wellington will be closed on Monday, February 18th and there will be NO VPK on Tuesday, February 19th.

February



Theme:
Healthy Habits

Developmental One's & Two's:

Letters: U, V, & W

Numbers: 3, 4 & 5

Colors: White, Red & Pink

Shapes: Heart, Octagon & Rectangle



Developmental Three's, Fours & VPK:

Letters: Uu, Vv, & Ww

Numbers: 14, 15 & 16

Colors: White, Red & Pink

Shapes: Heart, Octagon & Rectangle





Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1	2 Eat Ice Cream For Breakfast Day!
3	4 Thank A Mailman Day!	5	6	7	8	9
10	11 Make A Friend Day!	12	13	14 Happy Valentine's Day!	15 Parent Night Out! 6:30-11:00pm	16
17	18 Wellington CLOSED!	19 NO VPK!	20	21	22	23
24	25 DR. SEUSS WEEK —>	26	27 Happy Birthday Ms. Nubia!	28		



**D1– Whole Milk
Two & Up– 1% Milk**

Monday Tuesday Wednesday Thursday Friday

W/O 2/4	<p><u>Breakfast:</u> French Toast, Diced Apples, Milk</p> <p><u>Lunch:</u> Meatballs, WG Bread, Green beans, Oranges, & Milk</p> <p><u>Snack:</u> Animal Crackers, Pineapple, Water</p>	<p><u>Breakfast:</u> Pancake, Sausage, Oranges, Milk***</p> <p><u>Lunch:</u> Chicken & Cheese WG Quesadilla, Salsa Rice, Green Beans, Fruit & Milk</p> <p><u>Snack:</u> Goldfish, Peaches & Water</p>	<p><u>Breakfast:</u> Waffles, Fruit, Milk</p> <p><u>Lunch:</u> Beef Hot Dog, Baked Beans, WG Bread, Pears & Milk</p> <p><u>Snack:</u> Graham Crackers, and Fruit</p>	<p><u>Breakfast:</u> Kix Cereal, Pears & Milk</p> <p><u>Lunch:</u> WG English Muffin Pizza, Peas & Carrots, Pineapple & Milk</p> <p><u>Snack:</u> Cheese Sticks & Ritz Cracker Water</p>	<p><u>Breakfast:</u> Bagel w/Cream Cheese, Bananas & Milk</p> <p><u>Lunch:</u> Beef Bologna & Cheese Sandwich, WG bread, Applesauce, Corn , Milk</p> <p><u>Snack:</u> Vanilla Yogurt, Strawberries, Pineapple & Water</p>
W/O 2/11	<p><u>Breakfast:</u> Cornbread, Orange Slices & Milk</p> <p><u>Lunch:</u> Chicken WG Fettuccini Alfredo w/Broccoli, Peaches Milk</p> <p><u>Snack:</u> Pretzels w/Sun Butter, Water (D1-Fruit & Graham Crackers)</p>	<p><u>Breakfast:</u> Ham & Cheese Whole WG Tortilla, Pineapple & Milk</p> <p><u>Lunch:</u> Turkey Corn Dogs, Rice, Corn, Pears & Milk</p> <p><u>Snack:</u> Goldfish, Fruit Juice</p>	<p><u>Breakfast:</u> French Toast, Oranges & Milk</p> <p><u>Lunch:</u> WG Spaghetti, Green Beans, Peaches & Milk</p> <p><u>Snack:</u> Trail Mix, Pineapple & Water</p>	<p><u>Breakfast:</u> Waffles, Peaches & Milk</p> <p><u>Lunch:</u> WG Fish Sticks, Fruit Cocktail, Green Beans, WG Bread & Milk</p> <p><u>Snack:</u> Vanilla Pudding, Bananas & Graham Crackers</p>	<p><u>Breakfast:</u> Pancakes w/Syrup, Sausage Link, Pineapples & Milk</p> <p><u>Lunch:</u> Turkey & Cheese Sandwiches, WG Bread, Applesauce, Corn, Milk</p> <p><u>Snack:</u> Animal Crackers, Fruit, Water</p>
W/O 2/18	<p><u>Breakfast:</u> Cheerios, Orange Wedges and Milk***</p> <p><u>Lunch:</u> WG Chicken & Noodles, Peas & Carrots, Fruit, Roll & Milk</p> <p><u>Snack:</u> Ham and Ritz Crackers</p>	<p><u>Breakfast:</u> Scrambled eggs w/Cheese, Fruit & Milk</p> <p><u>Lunch:</u> WG Homemade Beef a Roni, Green beans, Oranges & Milk</p> <p><u>Snack:</u> Graham Crackers, Fruit & Water</p>	<p><u>Breakfast:</u> Pancakes, Sausage WG wrap & Peaches & Milk</p> <p><u>Lunch:</u> Cheesy Chicken & Broccoli Rice, Diced Apples & Milk</p> <p><u>Snack:</u> Blueberry Muffins, Pears and Water</p>	<p><u>Breakfast:</u> Bagel & Cream Cheese, Bananas & Milk</p> <p><u>Lunch:</u> Hamburger on WG bun, Tator Tots, Fruit & Milk</p> <p><u>Snack:</u> Strawberry Yogurt, Peaches, and Water</p>	<p><u>Breakfast:</u> Ham & Cheese Tortilla, Oranges & Milk***</p> <p><u>Lunch:</u> WG Chicken Nuggets, Peas & Carrots & Applesauce & Milk</p> <p><u>Snack:</u> Ritz Crackers, Cheese & Apple Juice</p>
W/O 2/25	<p><u>Breakfast:</u> WG Toast w/Butter, Pineapple & Milk</p> <p><u>Lunch:</u> Macaroni & Cheese w/Ham Rolls, Peas & Carrots, Peaches & Milk</p> <p><u>Snack:</u> Goldfish & 100% Fruit Juice</p>	<p><u>Breakfast:</u> Kix, Cereal, Orange Wedges & Milk</p> <p><u>Lunch:</u> WG Fish Sticks, Fruit, Corn & Milk</p> <p><u>Snack:</u> Animal Crackers, Fruit, Water</p>	<p><u>Breakfast:</u> English Muffin w/jelly, Peaches & Milk</p> <p><u>Lunch:</u> WG Chicken Nuggets, Mashed Potatoes, Pineapple & Milk</p> <p><u>Snack:</u> Graham Crackers w/Sun Butter & Water</p>	<p><u>Breakfast:</u> Blueberry Muffin, Bananas & Milk</p> <p><u>Lunch:</u> Baked WG Ziti, Green Beans, Peaches & Milk</p> <p><u>Snack:</u> Trail Mix, Oranges & Water</p>	<p><u>Breakfast:</u> WG Cheerios, Pears, Milk</p> <p><u>Lunch:</u> Chicken & Rice, Pears, Corn & Milk</p> <p><u>Snack:</u> Vanilla Yogurt, Peaches & Water</p>