

Wellington Academy North Cape

November 2019 Newsletter

We are now online! www.wellingtonacademyschools.com/newsletter



Wellington Academy
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Cape Coral, FL 33990

Phone
239-574-8818

Open Weekdays
6:30 am to 6:00 pm

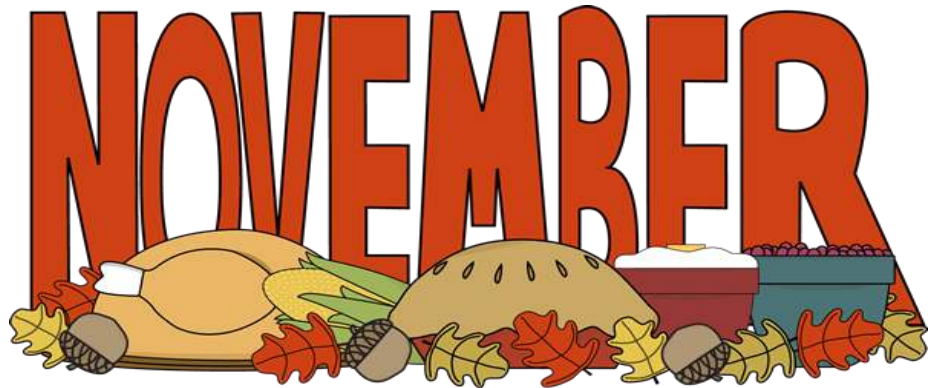
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Keri Rams-
Director

**Happy Birthday to all
our friends celebrating
this month!!!**

Liam Aiken
Alanna Alvarado-Collazo
Stella Devita
Kingsleigh Josephson
Grace Lemes
Melanie Martinez
Ethan Sexton
Jaihdn Smith
Rylan Smith
Jacob Strauss
Berge Thelus
Felix Torres
Nam Tran
Easton Williams



Administrators News...

Thank you to all our families that attended our Fall Festival! We owe the success of the evening to your generosity & participation. A HUGE thank you to all our parents and friends that assisted in the baked goods and candy donations this year. The festival was fun for all! We will post pictures on our Facebook page. If you haven't already, please find us and "like" us on Facebook. We post pictures, inform parents of upcoming events and share interesting articles on the Wellington Academy page.

November has arrived, and the year is quickly winding down. We will begin to think about families and the spirit of giving this month. The center will be holding a canned food drive starting November 4th and ending on Friday, November 15th. We will donate all items collected to a local charity in need. The classroom with the most participation will win a pizza party for their class!

This month the children will be learning about pilgrims and native Americans and the first feast. The children will recreate their own first feast on Thursday, November 21st, during their normal lunch times. They will make hats and eat a traditional Thanksgiving feast!

Our holiday programs are also on the way, please refer to the "December Dates to Remember" page in the newsletter for dates and times for all that is happening in December.

Thank you for being a part of the Wellington Family! We are looking forward to all the fun events and memories that are heading our way!

Love,
Ms. Keri



November 8th

St. Jude's Trike-A-Thon (VPK ONLY)

November 4th-November 15th

Canned Food Drive—All Classes

November 11th

Veterans Day—NO VPK

November 25th-November 29th

Thanksgiving Break — NO VPK

November 28th-November 29th

**Wellington CLOSED!
Happy Thanksgiving!**



During this time of giving and thinking of others, we begin our Annual Canned Food Drive to help families less fortunate than ourselves.

On Monday, November 4th, we will begin collecting canned food and non-perishable items. The items collected will be donated to a local organization, the drive will continue for two weeks. Thank you for choosing to share with us the joy of giving during this giving holiday!!!



On Thursday, November 21st we will have our annual holiday feast with turkey and all the trimmings!! The children will make Pilgrim and Native American costumes and celebrate the first feast in STYLE!!!! The feast will take place during the children's lunch hour.



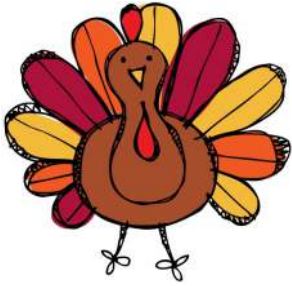
There will be NO VPK
Monday, November 25th—Friday, November 29th

VPK will resume on Monday, December 2nd!



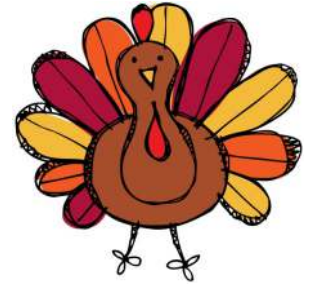
Wellington Academy will be CLOSED on
Thursday, November 28th &
Friday, November 29th!

We hope everyone has a happy & safe
Thanksgiving break!



Classroom News

November 2019



Developmental One

October was a great month, we welcomed a few new faces as well as celebrated Halloween and had lots of fun at our fall festival. During the month of November, we will be talking about families and giving thanks. If you have not already done so, please bring in a family picture for our picture wall. The children love to see familiar faces if they are ever having a rough day. We are participating in a school wide canned food drive, please help us help others during the holiday season. Please don't forget to label everything you bring into the classroom! Thank you for allowing us to be such a big part of your child's lives, we are thankful to have them in our class.

Developmental 2A

Thank you to all our families that came to the Fall Festival, we hope that you had as much fun as we did. During the month of October, we welcomed new students, we are so happy to have you in our class! During the month of November, we will be learning about families, and giving thanks! We will be having a canned food drive November 4th-November 15th! Please remember that our classroom door is always open, feel free to ask any questions or express any concerns that you may have. Keep an eye on our Parent Board, as the holiday season is approaching, we have a lot going on in the next few months! We are looking forward to a great month! Happy Thanksgiving!

Developmental 2B

It is finally starting to feel like fall! With the nice weather, comes lots of fun and exciting activities. Things like canned food drives, traditional Thanksgiving feasts, long weekends and much more! Keep an eye out for any flyers or reminders that we may have posted on our Parent Board. Thank you to everyone who showed up to our fall festival, we loved seeing everyone. As the weather starts to change please make sure you update the clothes in your child's cubby, as they will need weather appropriate clothes that fit. We are so blessed to be a part of your children's lives. Thank you for sharing them with us. D2B wants to wish everyone a very Happy Thanksgiving!

Developmental 3A

November is all about giving thanks and families, and we are so thankful for all our D3A families. Our Fall Festival was a big hit and we were so happy to see so many familiar faces. During November there is a lot of exciting and fun things happening, so please read our Parent Board daily. Our annual Fall Feast will be held during our lunch time on Thursday, November 21st. Also, during this time we will be having a canned food drive to help those who are less fortunate, there will be a donation box inside our classroom from November 4th– November 15th. Please remember that our learning time starts at 9am sharp, so try and have your child here by that time. Thank you for all that you do!

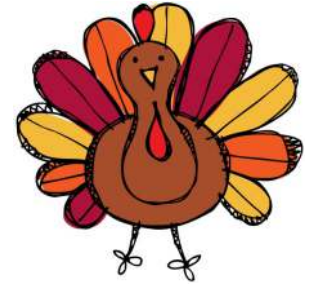
Developmental 3B

This month we have many exciting activities planned for the children! November 21st we will be hosting our traditional Thanksgiving Feast during our lunchtime where we will wear festive hats, talk about the first thanksgiving, and eat a traditional thanksgiving meal. Starting the 5th of November, we will be having a school wide canned food drive. During this time of year, it is important to teach your children about helping those who are less fortunate. Also, a friendly reminder that Wellington will be CLOSED on Thursday, November 21st and Friday the 22nd in honor of the Thanksgiving holiday. Our classroom needs extra clothes, we would appreciate any donations. The holidays are right around the corner, so keep an eye out for any signs regarding our holiday activities! Thank you for sharing your child with us.



Classroom News

November 2019



VPK A

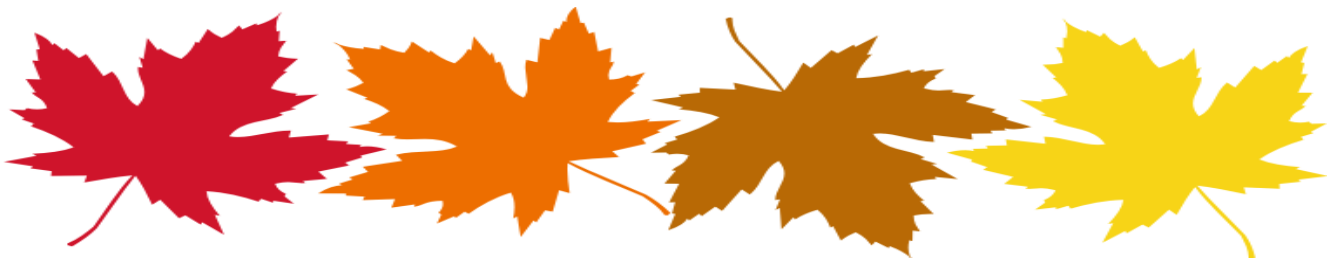
Autumn is here! This month we are continuing to learn the letters of the alphabet, Nn, Oo, and Pp and the numbers 11, 12, and 13. There is a lot going on in November; World Kindness Day, Fall Feast, Trike-A-Thon, Canned Food Drive, and of course Thanksgiving! Be sure to check out our Parent Board so that you'll know exactly what is going on. Wellington Academy is closed on November 28th & 29th in honor of Thanksgiving. Also, there is NO VPK November 25th—November 29th. Your involvement in your child's VPK education is outstanding. Some things you can work on at home are sight words, letter sounds, and identifying numbers. We love having such fun, smart, and caring students. Thank you for sharing your children with us, we are grateful to be such an influential part of their lives.

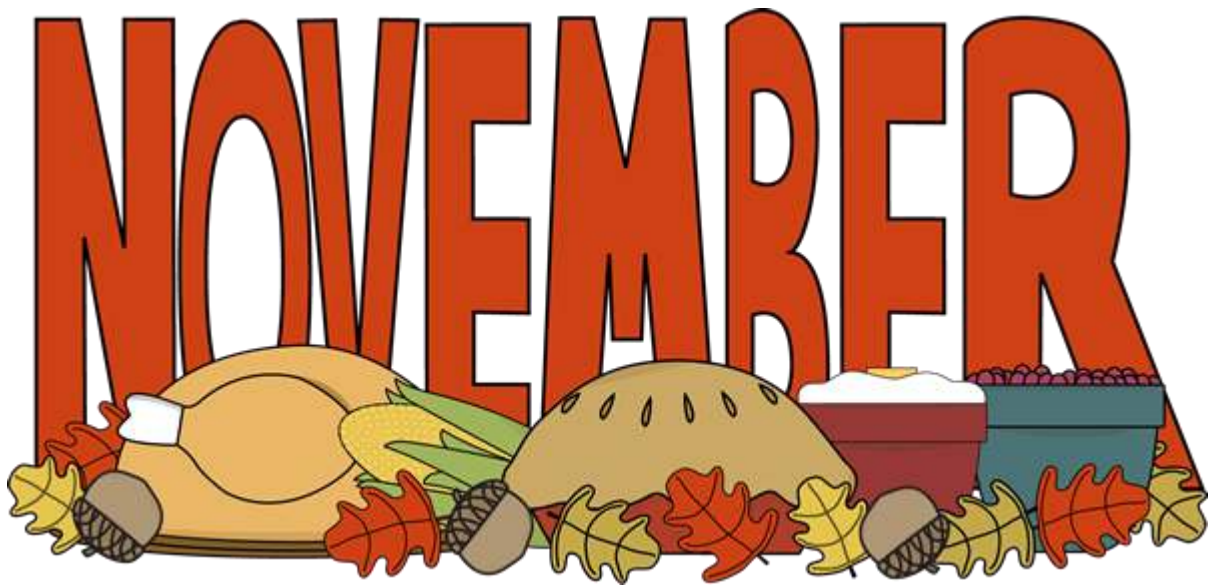
VPK B

Can you believe that Halloween is over, and Thanksgiving is just around the corner? October was a lot of fun in our classroom, we would like to thank all the Wellington parents for their generous donations that helped with the success of our Fall Festival! We are getting ready for our Thanksgiving feast on November 21, and our Canned Food Drive will begin on November 4th and end on the 15th. Please help us in helping those who are less fortunate during the holiday season. Please don't forget that NO OUTSIDE cups are allowed in the classroom!!! We will begin practicing for our holiday program during the month of November as well! We are working on the letter Mm, Nn, Oo, and Pp along with the numbers 9 and 10. Please continue to work on sight words at home and we will continue working on name writing and number recognition. Please keep an eye on our Parent Board for upcoming projects and events! Thank you for the snack donations for our class! We hope you have a happy and safe Thanksgiving!

VPK C +D

Happy November! We had great fun during the exciting month of October. During the month of November, we will be focusing on families and being thankful. We are asking that each child bring in a family photo. We will be working on the letters Mm, Nn, Oo, Pp and the numbers 9 & 10 as well as the shapes triangle and heart, along with the colors purple and brown. Please keep an eye out for Holiday activities that are in the upcoming months! Hopefully we will start to see some cooler weather, and if that happens please remember to label jackets! Our Canned Food Drive will be held November 4th-November 15th, please help us help those who are less fortunate during the holiday season! We are looking forward to a great month and hope everyone has a very happy Thanksgiving!





Sun Mon Tue Wed Thu Fri Sat

					1	2 Happy Anniversary Ms. Ana! 26 YEARS!!!!
3	4 Canned Food Drive Starts	5	6	7	8 St. Jude's Trike-A-Thon (VPK Only)	9
10	11 NO VPK!	12	13	14	15 Canned Food Drive Ends	16
17	18	19	20	21 FALL FEAST!	22	23
24 Happy Birthday Ms. Haydee & Ms. Ashley!	25 NO VPK!	26	27	28 CLOSED! Happy Thanksgiving!! Happy 14th anniversary Ms. Rosie! Happy 1st anniversary Ms. Madi!	29 CLOSED!	30

November 2019

Developmental One's & Two's

Theme: Families

Letters: M, N, O, P

Numbers: 9 & 10

Colors: Brown, Purple

Shapes: Triangle, Heart

Developmental Three's, Four's & VPK:

Theme: Families

Letters: Mm, Nn, Oo, Pp

Numbers: 9 & 10

Colors: Brown, Purple





December Dates to Remember:

Tuesday, December 3rd @ 4pm—D1 Trim-A-Tree

Wednesday, December 4th @ 4pm— D2A Trim-A-Tree

Thursday, December 5th @ 4pm— D2B Trim-A-Tree

Tuesday, December 10th @ 4pm— D3A Program

Wednesday, December 11th @ 4pm— D3B Program

*Thursday, December 12th @ 4pm— VPK A/B Program
(Ms. Ana & Ms. Brittany / Ms. Haydee & Ms. Tara)*

*Friday, December 13th @ 4pm— VPK C /D Program
(Ms. Linda & Ms. Donna-Morning & Afternoon)*

*Wednesday, December 18th @ 4 pm— VPK A Gingerbread
(Ms. Ana & Ms. Brittany)*

*Thursday, December 19th @ 4pm— VPK B Gingerbread
(Ms. Haydee & Ms. Brittany)*

*Friday, December 20th @ 4pm— VPK C /D Gingerbread
(Ms. Linda & Ms. Donna-Morning & Afternoon)*

*Friday, December 20th— “Ugly Christmas Sweater
Party” (Schoolwide!)*

Monday, December 23rd—Tuesday, January 7th—NO VPK!

December 24th & 25th— Wellington CLOSED!

Tuesday, December 31st—Wellington CLOSED @ 1PM

Wednesday, January 1st— Wellington CLOSED!

Does your child's classroom
have a family picture?



Please bring in a family picture
for your child's family tree in
their classroom!



SIMON SAYS FITNESS DISGUISED AS FUN

Get your kids moving by playing Simon Says with these fun yet physical activities. You decide when or if you say "Simon Says"!

- | | | |
|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Shake your whole body. | Hold your arms out at your side and make circles with them in the air. | Reach behind you and try and hold your left foot with your right hand without falling over. |
| Jump up and down. | | |
| Spin around in circles. | Hop on your left foot 10 times. | Lay on the floor and stretch out as far you can for 10 a count of 10. |
| Do a cartwheel. | Hop on your right foot 10 times. | |
| Do a somersault. | | Pretend to shoot a basketball 10 times. |
| Wave your arms above your head. | Hop around like a bunny. | Pretend to jump rope for a count of 10. |
| Walk like a bear on all 4s. | Balance on your left foot for a count of 10. | Pretend to ride a horse. |
| Walk like a crab. | Balance on your right foot for a count of 10. | Pretend to milk a cow. |
| Hop like a frog. | Bend down and touch your toes 10 times. | Take 5 of the biggest steps forward that you can. |
| Walk on your knees. | Reach behind you and try and hold your right foot with your left hand without falling over. | Pretend to lift a car. |
| Lay on your back & pedal your legs in the air like you are on a bike. | Show off the muscles in your arms. | Do the strangest dance you can think of. |
| Pretend to sit in an invisible chair 5 times - sit then stand, sit then stand, etc. | | Scream. |



November 2019

**D1—Whole Milk
D2 & Up—1% Milk**

<u>MEAL</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Week: November 4th—November 8th					
Breakfast	WG Kix cereal, Mandarin oranges, milk	WG Toast, Bananas, Milk	French toast, Mandarin Oranges, Milk	Scrambled eggs w/Cheese, Orange Wedges, Milk	WG Waffles, Peaches, Milk
Lunch	Chicken Alfredo w/ Broccoli, Peaches, Milk	Turkey corn dogs, Rice, Mixed veggies, Pears, Milk	WG Spaghetti, Green beans, Peaches, Milk	Pulled Pork on WG Bread, Applesauce, Corn, Milk	Chicken Nuggets, Bread w/butter, Mixed veggies, Pineapple, Milk
Snack	Apples w/ Sun butter, Water D1-Graham Crackers	Goldfish, 100% Apple juice	Trail mix, Pineapple, Water	Watermelon, Cheese sticks, Water	Ham w/Ritz Crackers, Water
Week: November 11th—November 15th					
Breakfast	Cheerios, Pineapples, Milk	Bagels w/ Cream cheese, Bananas, Milk	Pancakes, Sausage, Peaches, Milk	Banana Muffins, Pears, Milk	Ham & cheese on WG Tortilla, Orange wedges, Milk
Lunch	Sun butter w/ jelly sandwiches on WG bread, Cheese stick, Applesauce, Corn, Milk	WG homemade Beef a Roni, Green beans, Mandarin Oranges, Milk	Beef hot dogs, Baked beans, WG Bread w/Butter, Pears, Milk	Sloppy joes w/ WG bread, Tator tots, Pineapple, Milk	Grilled cheese w/ ham on WG bread, Salad (Lettuce, Carrots, Ranch), Pineapple, Milk
Snack	Blueberry Muffins, Pears, Water	Graham Crackers w/Sun butter, Water	Animal Crackers, Orange Wedges, Water	Strawberry Yogurt, Peaches, Water	Ritz crackers w/ Cheese, Water
Week: November 18th—November 22nd					
Breakfast	WG Toast w/ Scrambled eggs, Pineapple, Milk	Kix Cereal, Orange Wedges, Milk	English Muffin w/ Jelly, Peaches, Milk	Blueberry muffins, Bananas, Milk	WG Cheerios, Pears, Milk
Lunch	Macaroni & Cheese w/Ham rolls, Carrots, Fruit Cocktail, Milk	Cheesy Chicken, Broccoli Rice, Cinnamon apples, Milk	WG Chicken nuggets, Bread w/ butter, Mashed Potatoes, Pineapple, Milk	Turkey, Mashed potatoes w/gravy, Corn, Bread, Cranberry, Stuffing, Pumpkin Pie	Turkey & Cheese sandwich on WG Bread, Corn, Diced Apples, Milk
Snack	Goldfish, 100% Apple juice	Animal Crackers, Bananas, Milk	Turkey w/Ritz Crackers, Milk	Trail Mix, Mandarin Oranges, Water,	Vanilla yogurt, Peaches, Water
Week: November 25th—November 29th					
Breakfast	French toast, Diced apples, Milk	Bagels w/Cream cheese, Pears, Milk	WG Waffles, Peaches, Milk	Chex Cereal, Bananas, Milk	Pancake, Sausage, Orange Wedges, Milk
Lunch	Meatballs, WG Bread, Green beans, Mandarin Oranges, Milk	Chicken & Cheese WG Quesadilla, Rice, Corn, Peaches, Milk	Cheeseburgers, Baked Beans, Cinnamon Apples, Milk	WG Fish sticks, Bread w/Butter, Pears, Carrots, Milk	Beef Bologna Sandwich on WG Bread, Applesauce, Corn, Milk
Snack	Animals crackers, Pineapple, Water	Goldfish, Pears, Water	Graham Crackers, Mandarin Oranges, Water	Cheese w/Ritz Crackers, Water	Vanilla Yogurt, Blueberries, Water