

Wellington Academy North Cape February 2020 Newsletter



Wellington Academy
1024 SE 10th Street
Cape Coral, Fl 33990

Phone
239-574-8818

Open Weekdays
6:30 am to 6:00 pm

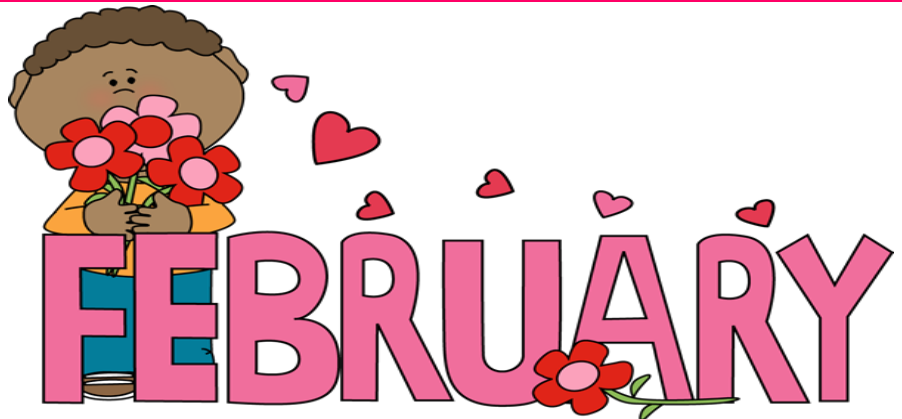
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northcape@wellingtonacademyschools.com

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Keri Rams-
Director

**Happy Birthday to all
our friends celebrating
this month!!!**

*Kensley Canfield
Elizabeth Downs
Kinsley Hay
Lorenzo Juliano
Zolissa Mayer
Miranda Morey
Jeremiah Moya
Logan Perreault
Milana Phillips
Gage Sanderlin
Atarah Tape*



Administrators News...

Love is definitely in the air here at the center this month! We had a great start to 2020. January was full of fun activities and learning. This month our lesson plans will focus of "Healthy Habits." Our teachers will be teaching the children all about living a healthy lifestyle and staying healthy.

This month our students will participate in exchanging Valentine's Day cards during their Valentine's Day parties. We ask that all students address their cards TO: "a friend," FROM: "your child's name". This makes it easier for the children to pass them out.

On Friday, February 14th, we will be hosting a PARENT'S NIGHT OUT!!!! The children love the pajama party! This evening is a fun atmosphere for the children and a great chance for our parents to have some fun too! The cost is \$15 per child and siblings are always welcome! We provide dinner with a side of fun. Pre-payment is required for PNO & must be made in CASH. Flu season is in full swing. Please make sure your child is washing their hands as soon as they enter the building. If your child has any flu symptoms please keep them home. This helps cut down on germs.

We look forward to the fun month ahead.

Ms. Ashley & I are available any time you may have questions or concerns!

♥♥ Ms. Keri

IS your child 4 years-old on or before
September 1st?



If so: they are eligible for VPK for the
UPCOMING 2020-2021 Fall School year.

Please see the front office for more info
or you can visit
Eicofswfi.org to register



EARLY LEARNING
COALITION
OF SOUTHWEST FLORIDA

Did you know?

Wellington Academy has TWO extra curricular activities that are offered during the school day...



DANCE:

A weekly age appropriate class that incorporates all types of dance! This program is put on by Studio 8 Dance Studio located in Cape Coral.

4 classes for \$45 a month! Sign-Up in the front office!



Happy Feet:

A weekly soccer based program that teaches discipline, team skills, as well as basic soccer skills.
All done in a FUN, AGE APPROPRIATE WAY!

\$42 a month- Sign up @ swflhappyfeet.com/programs

Dr. Seuss Week!!

Mixed Up Monday: Monday Feb. 24th
Mixed-Up Clothes

Top Hat Tuesday: Tuesday Feb. 25th
Wear your favorite hat

Wacky Wednesday: Wednesday Feb. 26th
Wacky hair day

Cat In The Hat Day: Thursday Feb. 27th
Wear Stripes/Favorite Dr. Seuss Character

Green Eggs & Ham Day: Friday Feb. 28th
Pajama Day

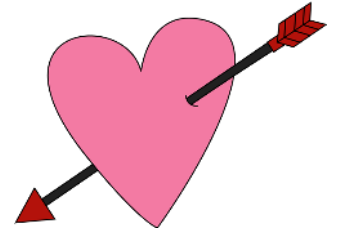


There will be NO VPK on
Monday, February 10th!



Wellington Academy will be
CLOSED on Monday,
February 17th in observance
of President's Day!

February



Theme:

Healthy Habits

Developmental One's & Two's:

Letters: U, V, & W

Numbers: 3, 4 & 5

Colors: White, Red & Pink

Shapes: Heart, Octagon & Rectangle

Developmental Three's, Fours & VPK:

Letters: Uu, Vv, & Ww

Numbers: 14, 15 & 16

Colors: White, Red & Pink

Shapes: Heart, Octagon & Rectangle

Healthy
Habits

Classroom News

Developmental One

Happy February! We had a great start to the new year! We would like to welcome our new friends to our classroom! We are so happy to have you! Please remember to bring in your 200 count of baby wipes! Thank you, we appreciate you! Please be sure to keep an eye on our parent board, as we will be having a party for Valentine's Day! Don't forget to label anything you bring to the classroom! If your child needs medication while they are here, please remember to fill out a blue medication slip in the front office, and remember medicine cannot be stored in our classroom! The school has a first-aid cabinet located in the kitchen, and this is where it will need to stay! Thank you so much for sharing your babies with us, and we hope you have a great month!

Developmental 2A

January has flown by with an excellent start to the New Year. Our children are settling into a productive routine of learning. While we continue to work with the class on basic skills, such as numbers, colors and shapes Please continue to work on these skills at home with your child as well. Each child has a folder that we ask you to check regularly, it will have your child's art work in it, as well as any handouts or flyers. Our Valentine's Day party will be on Friday, February 14th. A sign-up sheet will be posted for anyone who would like to contribute some sweet treats. Just a reminder, Wellington will be closed on Monday, February 17th. We hope that you have a love-filled February!

Developmental 2B

Love is in the air! The 2 year old classroom will be having a Valentine's Day party on Friday February 14th, the sign-up sheet will be in Ms. Kayla & Ms. Tania's room! Please remember to keep your child's cubby stocked with extra clothes that are weather appropriate!!! All cubbies must be able to close completely, and everything must be easily accessible to your child. This helps to build their independence and self help skills. We hope you have a great month!

Developmental 3A

Welcome to February! This month is all about healthy habits, eating healthy, good hygiene and much more! We can't forget about Valentine's Day, we will be having a classroom Party on Friday, February 14th. Please be on the look out for a sign up where we will ask for goodies & snacks! We have 14 children in our classroom. Please continue to label all your child's clothing and bedding that gets brought into school to ensure it does not get lost. Thank you again for all that you do and we cannot wait to see what the month has in store for us!

Classroom News

Developmental 3B

Can you believe that January is already over? Love is in the air, and we are going to take total advantage of it with lots of fun and exciting Valentine's Day crafts and activities. On Friday, February 14th we will be having a Valentine's Day party. We have 18 children in our class. During the month of February we will be talking about good hygiene, healthy eating, proper hand-washing, and daily healthy habits. As the weather is changing, please make sure your child has weather appropriate clothes in their cubby. We cannot wait to see what February has in store for us. Please do not hesitate to come to us with any questions or concerns.

VPK A

Happy February everyone! This month we will be focusing on letters Uu, Vv, and Ww. The numbers this month are 14, 15, and 16. Be sure to always check out our Parent Board and your child's folder for updates from us. We will be having a Valentine's Day party on Friday, the 14th, so keep an eye out for updates on that! We currently have 22 children on roll! Just a reminder, there is NO VPK on Monday, February 10th and Wellington will be closed on Monday, February 17th. We will also be celebrating Dr. Seuss's birthday during the week of February 24th! Please continue to work on Sight Words, and remember that Show and Tell is only on Fridays! Happy Valentine's Day to everyone, and we look forward to having a great month!

VPK B

Wow! January flew by! February is all about healthy habits! This month we are continuing with the letter Uu, Vv, Ww, and the numbers 14, 15, and 16. The shapes this month are Heart, Octagon, and Rectangle. We will of course continue working on our Sight Words, please continue to work on these at home as well!! Please remember to label everything your child brings into the classroom, and don't forget that toys are only allowed on Fridays for Show and Tell! Please keep an eye on our Parent Board for important information. We will be having a Valentine's Day party on Friday, February 14th. Your child may bring cards to pass out, we are just asking that you label them "To: My friend / From: Your child's name" this makes it much easier when passing them out, and we have 22 children in our class. Don't Forget there is NO VPK on Monday, February 10th and we are closed on Monday, February 17th for President's Day! Thank you for all your cooperation and support, we greatly appreciate you!! Have a great month!

VPK C/D

Welcome February! This month we will be talking about healthy habits, with things such as hand washing, oral hygiene, healthy food choices and much more!! Our letters of the month are: Uu, Vv, & Ww, and the numbers of the month are: 14, 15, 16. We will be having a Valentine's Day party on the 14th, please keep an eye on our Parent Board for updates on that! Your child may bring cards to pass out, please label them "To: My friend / From: Your child's name" as this makes it easier to pass them out! Our morning class has 22 children on roll, and our afternoon class has 20 children on roll. Just a reminder, there is **NO VPK** on Monday, February 10th, and Wellington will be closed on Monday, February 17th



Get vaccinated

Influenza or "flu" can cause serious illness. Vaccination is the best way to protect yourself and your family.



Cover your cough or sneeze

Cover your mouth and nose with your sleeve or a tissue when you cough or sneeze. Toss your used tissue in the waste basket and wash your hands.

Fight the Flu

It starts with you



Wash your hands

Wash your hands often with soap and water or use an alcohol-based hand cleaner.



Avoid touching your eyes, nose, and mouth

If you touch surfaces with the flu virus, you can get the flu by touching your eyes, nose, or mouth.



Stay home if you are sick

Flu viruses go wherever you go when you are infected. Stay at home and check with your healthcare provider when needed.



February

Sun Mon Tue Wed Thu Fri Sat

						1
2	3	4	5	6	7	8
9	10 NO VPK!	11	12	13	14 Happy Valentine's Day! Parent Night Out!	15
16	17 Wellington CLOSED!	18	19	20	21	22
23	24 DR. SEUSS WEEK!	25 Ms. Dezara's 1 year anniversary!	26 DR. SEUSS WEEK!	27	28	29

February 2020

D1—Whole Milk D2 & Up — 1% Milk

MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
Week: February 3rd – February 7th					
Breakfast	WG Kix cereal, Mandarin oranges, milk	WG Toast, Bananas, Milk	French toast, Mandarin Oranges, Milk	Scrambled eggs w/ Cheese, Orange Wedges, Milk	WG Waffles, Peaches, Milk
Lunch	Chicken Alfredo w/Broccoli, Peaches, Milk	Turkey corn dogs, Rice, Mixed veggies, Pears, Milk	WG Spaghetti, Green beans, Peaches, Milk	Chicken Nuggets, Bread w/butter, Mixed veggies, Pineapple, Milk	Cheese Pizza, Corn, Applesauce, Milk
Snack	Apples w/Sun butter, Water D1-Graham Crackers	Goldfish, 100% Apple juice	Trail mix, Pineapple, Water	Fruit, Cheese sticks, Water	Ham w/Ritz Crackers, Water
Week: February 10th – February 14th					
Breakfast	Kix Cereal, Pears, Milk	Bagels w/Cream cheese, Bananas, Milk	Pancakes, Sausage, Peaches, Milk	Cheerios, Pineapple, Milk	Banana Muffins, Orange Wedges, Milk
Lunch	Sun butter & jelly sandwich on WG bread, Cheese stick, Applesauce, Corn, Milk	WG homemade Beef a Roni, Green beans, Mandarin Oranges, Milk	Beef hot dogs, Baked beans, WG Bread w/Butter, Pears, Milk	WG Chicken Nuggets, Bread w/ butter, Mashed Potatoes, Applesauce, Milk	Grilled cheese w/ham on WG bread, Salad (Lettuce, Carrots, Ranch), Peaches, Milk
Snack	Blueberry Muffins, Pears, Water	Graham Crackers w/Sun butter, Water	Animal Crackers, Orange Wedges, Water	Ritz crackers w/ Cheese, Water	Strawberry Yogurt, Peaches, Water
Week: February 17th – February 21st					
Breakfast	Croissants w/ Scrambled eggs, Pineapple, Milk	Ham & cheese Tortilla, Orange wedges, Milk	English Muffin w/ Jelly, Peaches, Milk	Blueberry muffins, Bananas, Milk	Cheerios, Pears, Milk
Lunch	Macaroni & Cheese w/Ham, Carrots, Fruit Cocktail, Milk	Sloppy Joe, WG Bread, Tator Tots, Pineapple, Milk	Cheesy Chicken, Broccoli Rice, Cinnamon apples, Milk	Baked Ziti, Green Beans, Pears, Milk	Turkey & Cheese sandwich on WG Bread, Corn, Applesauce, Milk
Snack	Goldfish, 100% Apple juice	Animal Crackers, Bananas, Milk	Turkey w/Ritz Crackers, Milk	Trail Mix, Mandarin Oranges, Water,	Vanilla yogurt, Peaches, Water
Week: February 24th – February 28th					
Breakfast	French toast, Diced apples, Milk	Chex Cereal, Bananas, Milk	WG Waffles, Peaches, Milk	Bagels w/Cream Cheese, Pears, Milk	Pancake, Sausage, Orange Wedges, Milk
Lunch	Meatballs, WG Bread, Green beans, Mandarin Oranges, Milk	Chicken & Cheese WG Quesadilla, Rice, Corn, Peaches, Milk	Cheeseburgers, Baked Beans, Cinnamon Apples, Milk	WG Fish sticks, Bread w/Butter, Pineapples, Carrots, Milk	Beef Bologna Sandwich on WG Bread, Applesauce, Corn, Milk
Snack	Animals crackers, Pineapple, Water	Goldfish, Pears, Water	Graham Crackers, Mandarin Oranges, Water	Cheese w/Ritz Crackers, Water	Vanilla Yogurt, Apple Slices, Water

time SPENT
PLAYING
WITH CHILDREN
IS
NEVER
WASTED

-DAWN LANTERO