

Wellington Academy North Cape

February 2022 Newsletter



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6:30 am to 6:00 pm

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Keri Rams-
Director

HAPPY BIRTHDAY

Sofia Arel
Alton Badders
Blake Beerbower
Isabella Danley
Zane Elzinga
Navaeh Fontalvo
Finley Galbraith
Emma Jeffries
Grayson Katine
Aria Lang-Hornsby
Alexander Lebeau
Silas Moehrbach
Luca Monopoli
Greyson Rambo
Jennisia Rivera
Ever Sobczak
Jaxen Tortosa



Administrators News...

Love is definitely in the air here at the center this month! We had a great start to 2022. January was full of fun activities and learning. This month our lesson plans will focus of "Healthy Habits." Our teachers will be teaching the children all about living a healthy lifestyle and staying healthy.

This month our students will participate in exchanging Valentine's Day cards during their Valentine's Day parties. We ask that all students address their cards TO: "a friend," FROM: "your child's name". This makes it easier for the children to pass them out.

Please be patient with me as I find someone to help as my assistant. We will Miss Ms. Kayla dearly and wish her luck on her journey!



Ms. Keri

Dates to remember:

Feb 11th– Parent night out
(6:30pm-11:00pm)
Feb 14th– Valentines day
Feb 18th– NO VPK
Feb 21st– Presidents day
(Wellington closed)
Feb 22nd-25th-Dr Seuss Week

Is your child 4 years-old on or before
September 1st?



If so: they are eligible for VPK for the
UPCOMING 2021-2022 Fall School year.

Please see the front office for more info
or you can visit
Eicofswfl.org to register



EARLY LEARNING
COALITION
OF SOUTHWEST FLORIDA

Is your child going to Kindergarten?

It is that time already when your little one prepares to go off to school! It seems like just yesterday when they started Wellington Academy!

If you need any assistance, with signing your child up please do not hesitate to talk with the front office!



Dr. Seuss Week!!

Top Hat Tuesday: Tuesday Feb. 22nd
Wear your favorite hat

Wacky Wednesday: Wednesday Feb. 23rd
Wacky hair day/Mixed up Clothes

Cat In The Hat Day: Thursday Feb. 24th
Wear Stripes/Favorite Dr. Seuss Character

Green Eggs & Ham Day: Friday Feb. 25th
Pajama Day

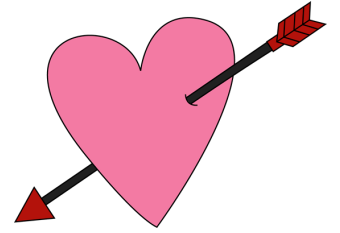


There will be NO VPK on
Friday, February 18th!



Wellington Academy will be
CLOSED on Monday,
February 21st in observance
of President's Day!

February



Theme:

Healthy Habits

Developmental One's & Two's:

Letters: U, V, & W

Numbers: 3, 4 & 5

Colors: White, Red & Pink

Shapes: Heart, Octagon & Rectangle

Developmental Three's, Fours & VPK:

Letters: Uu, Vv, & Ww

Numbers: 14, 15 & 16

Colors: White, Red & Pink

Shapes: Heart, Octagon & Rectangle

Healthy
Habits

Classroom News

Developmental One

Happy February! We had a great start to the new year! We would like to welcome our new friends to our classroom! We are so happy to have you! Please remember to bring in your 200 count of baby wipes! Thank you, we appreciate you! Please be sure to keep an eye out, as we will be having a party for Valentine's Day! During our party we will do a card exchange please label the card with "to friend" from "your child's name" Don't forget to label anything you bring to the classroom! If your child needs medication while they are here, please remember to fill out a blue medication slip in the front office, and remember medicine cannot be stored in our classroom! The school has a first-aid cabinet located in the kitchen, and this is where it will need to stay! We also want to let parents know that if you bring food from home we need a doctors note. The doctor is just a phone call away and they will send a note for the food with no problem. Thank you so much for sharing your babies with us, and we hope you have a great month!

Developmental 2A

January has flown by with an excellent start to the New Year. Our children are settling into a productive routine of learning. While we continue to work with the class on basic skills, such as numbers, colors and shapes, Please continue to work on these skills at home with your child as well., Just a reminder, Wellington will be closed on Monday, February 21st. We have so many activities planned from Valentines day crafts, Healthy habits, and Dr Suess week. Keep a look out for these exciting activities! We hope that you have a love-filled February!

Developmental 2B

Love is in the air! Keep a look out for the sign up sheet for any donations of sweet treats for our party. Please remember to keep your child's cubby stocked with extra clothes that are weather appropriate!!! We would like to have only pullups or undies in this classroom, as we are the potty training room. We need your help to ensure a successful potty training experience for your child. Keep a look out for all the exciting activities coming up. We hope you have a great month!

Developmental 3A

Welcome to February! This month is all about healthy habits, eating healthy, good hygiene and much more! We can't forget about Valentine's Day, we will be having a classroom Party so keep a look out for details. Please be on the look out for a sign up where we will ask for goodies & snacks! Please continue to label all your child's clothing and bedding that gets brought into school to ensure it does not get lost. Thank you again for all that you do and we cannot wait to see what the month has in store for us!

Classroom News

Developmental 3B

Can you believe that January is already over? Love is in the air, and we are going to take total advantage of it with lots of fun and exciting Valentine's Day crafts and activities. During the month of February we will be talking about good hygiene, healthy eating, proper hand-washing, and daily healthy habits. As the weather is changing, please make sure your child has weather appropriate clothes in their cubby. We cannot wait to see what February has in store for us. Please do not hesitate to come to us with any questions or concerns.

VPK A

Happy February everyone! This month we will be focusing on letters Uu, Vv, and Ww. The numbers this month are 14, 15, and 16. Be sure to always check your child's folder for updates from us. We will be having a Valentine's Day party so keep an eye out for updates on that! We currently have 22 children on roll! Just a reminder, there is NO VPK on Monday, February 18th and Wellington will be closed on Monday, February 21st. We will also be celebrating Dr. Seuss's birthday during the week of February 21st! Please continue to work on Sight Words, and remember that Show and Tell is only on Fridays! Happy Valentine's Day to everyone, and we look forward to having a great month!

VPK B

Wow! January flew by! February is all about healthy habits! This month we are continuing with the letter Uu, Vv, Ww, and the numbers 14, 15, and 16. The shapes this month are Heart, Octagon, and Rectangle. We will of course continue working on our Sight Words, please continue to work on these at home as well!! Please remember to label everything your child brings into the classroom, and don't forget that toys are only allowed on Fridays for Show and Tell! We will be having a Valentine's Day party so keep a look out for details. Your child may bring cards to pass out, we are just asking that you label them "To: My friend / From: Your child's name" this makes it much easier when passing them out, and we have 22 children in our class. Don't Forget there is NO VPK on Monday, February 18th and we are closed on Monday, February 21st for President's Day! Thank you for all your cooperation and support, we greatly appreciate you!! Have a great month!

VPK C & D

Welcome February! This month we will be talking about healthy habits, with things such as hand washing, oral hygiene, healthy food choices and much more!! Our letters of the month are: Uu, Vv, & Ww, and the numbers of the month are: 14, 15, 16. We will be having a Valentine's Day party so keep a look out for details. Your child may bring cards to pass out, please label them "To: My friend / From: Your child's name" as this makes it easier to pass them out! Each class has 22 children on roll. Just a reminder, there is **NO VPK** on Monday, February 18th, and Wellington will be closed on Monday, February 21st! We will also be celebrating Dr Suess's birthday. This is going to be a fun filled month!



Get vaccinated

Influenza or "flu" can cause serious illness. Vaccination is the best way to protect yourself and your family.



Cover your cough or sneeze

Cover your mouth and nose with your sleeve or a tissue when you cough or sneeze. Toss your used tissue in the waste basket and wash your hands.

Fight the Flu

It starts
with you



Wash your hands

Wash your hands often with soap and water or use an alcohol-based hand cleaner.



Avoid touching your eyes, nose, and mouth

If you touch surfaces with the flu virus, you can get the flu by touching your eyes, nose, or mouth.



Stay home if you are sick

Flu viruses go wherever you go when you are infected. Stay at home and check with your healthcare provider when needed.



February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11 Parent Night out (6:30-11:00)	12
13	14 Happy Valentine's Day!	15	16	17	18 NO VPK!	19
20	21 Wellington CLOSED!	22 DR. SEUSS WEEK!	23	24	25	26
27	28					

February 2022

D1—Whole Milk D2 & Up — 1% Milk

<u>MEAL</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Week: February 7-11					
Breakfast	WG Kix cereal, Sliced apples, milk	WG Toast, Fruit cocktail, Milk	French toast, Pineapples, Milk	Scrambled eggs w/Cheese, Orange Wedges, Milk	WG Waffles, Peaches, Milk
Lunch	WG Chicken Alfredo w/ Broccoli, Peaches, Milk	Turkey corn dogs, Rice, carrots, Pears, Milk	WG Spaghetti, Green beans, Apples, Milk	WG Chicken Nuggets, WG Bread w/butter, Mixed veggies, Pineapple, Milk	Pizza, Corn, Applesauce, Milk
Snack	Trail mix, Pineapple, Water	WG Goldfish, 100% Apple juice	Graham crackers, sun butter, water	Fruit, Cheese sticks, Water	Ham w/WG Ritz Crackers, Water
Week: February 14-18					
Breakfast	Kix Cereal, Pears, Milk	Bagels w/Cream cheese, Applesauce, Milk	Pancakes, Sausage, Peaches, Milk	Cheerios, Pineapple, Milk	Yogurt, Bananas, Milk
Lunch	Fish sticks, WG bread, Fruit Cocktail, peas, Milk	WG homemade Beef a Roni, Green beans, Mandarin Oranges, Milk	Beef hot dogs, Baked beans, WG Bread w/Butter, Pears, Milk	WG Chicken Nuggets, WG Bread w/butter, Mashed Potatoes, Applesauce	Grilled cheese w/ham on WG bread, Carrots, Peaches, Milk
Snack	Pretzels Pears, Water	Watermelon, cheese sticks, Water	Animal Crackers, Orange Wedges, Water	WG Ritz crackers w/ Cheese, Water	Cheez-its, Peaches, Water
Week: February 21-25					
Breakfast	WG English Muffin w/ Jelly, Peaches, Milk	Ham & cheese on WG Tortilla, Mandarin oranges, Milk	Scrambled eggs w/ cheese, strawberries, Milk	Blueberry muffins, pineapples, Milk	WG Cheerios, Pears, Milk
Lunch	WG Macaroni & Cheese w/Ham, Corn, Fruit Cocktail, Milk	Sloppy joe, WG Bread, Tator Tots, Pineapple, Milk	Cheesy Chicken, Broccoli Rice, Cinnamon apples, Milk	Chicken & Cheese WG Quesadilla, Rice, Corn, Peaches, Milk	Turkey & Cheese sandwich on WG Bread, mixed vegetables, Applesauce, Milk
Snack	WG Goldfish, 100% Apple juice	Animal Crackers, Bananas, Milk	WG Wheat thins w/cheese, water	Trail Mix, Mandarin Oranges, Water	Vanilla wafers, Peaches, Water
Week: February 28- March 4					
Breakfast	French toast, Diced apples, Milk	WG Chex Cereal, Bananas, Milk	WG Waffles, Peaches, Milk	Bagel w/Cream Cheese, Pears, Milk	Pancake, Sausage, Orange Wedges, Milk
Lunch	Meatballs, WG Bread, Green beans, Mandarin Oranges, Milk	WG Baked Ziti, Green Beans, Pears, Milk	Cheeseburgers on WG bread, Baked Beans, Cinnamon Apples, Milk	WG Fish sticks, Bread w/ Butter, Pineapples, peas, Milk	Beef Bologna Sandwich on WG Bread, Applesauce, Carrots, Milk
Snack	Yogurt, peaches, water	WG Goldfish, Pears, Water	Graham Crackers, Mandarin Oranges, Water	Cheez its & Apple juice	pretzels, Apple Slices, Water

HEALTHY HABITS

For Healthy Kids

STAY FIT

- Get about eight hours of sleep each night.
- Do some form of exercise every day: run, walk, stretch, play.

STAY HEALTHY

- Practice good hygiene by keeping yourself clean and germ free.

STAY ENERGIZED

- Eat nutritious meals and snacks daily. Include foods from these groups: dairy, grains, protein, vegetables, and fruits.

STAY HAPPY

Make good choices every day for a happy, healthy YOU!

STAY SAFE

- Wear proper gear when playing sports, bicycling, or riding in a car.
- Obey safety rules.

