

# February 2023 Newsletter

We are now online! [www.wellingtonacademyschools.com/newsletter](http://www.wellingtonacademyschools.com/newsletter)

## Wellington Academy

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**Open Weekdays**  
7:00 am - 5:30 pm

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### Facebook:

[www.facebook.com/pages/Wellington-Academy/240829487583](https://www.facebook.com/pages/Wellington-Academy/240829487583)

### Contents:

Administrator's News	1
Monthly Curriculum	1
Month Birthdays	1
Upcoming Events	1
Infants News	2
Dev 1's News	2
Dev 2's News	2
Dev 3A's News	2
Dev 3B's News	2
Dev 4/VPK News	3
WW's News	3
Kitchen News	3
Monthly Menu	4

## February 2023

February 1 -National Wear Red Day  
February 2 -Groundhog Day  
February 4 -Thank a Mailman Day  
February 14 -Valentine's Day Fun  
February 20 -Presidents Day Wellington Academy CLOSED  
February 27-March 3- Spirit week /Dr. Seuss Birthday

### Upcoming Events:

March 1-3 - Spirit week /Dr. Seuss Birthday  
March 10- Pack Your Lunch Day  
March 12 -Plant a Flower Day  
March 17 -St. Patrick's Day activities  
March 13-17 -Spring Break (NO VPK)  
March (TBA) -Spring Pictures

## Administrator's News...

Healthy Habits is what is going around! Healthy eating, exercising and good hygiene, let us get moving and have some fun. Let us not forget this is the month where "Love" is in the air.

We will continue our diligence for handwashing and sanitizing. We will gladly take donations of hand sanitizer and disinfectant spray/wipes. Until further notice drop off & pick up will be at front door. Hope to see everyone soon.

Please remember tuition is due by the 1<sup>st</sup> of the month; if paying semimonthly, payment is due on the 1<sup>st</sup> & 15<sup>th</sup>; or weekly payments are due on Friday for the following week. Late fees will be applied accordingly. If you have any questions, please see administration.

**\*\* Please be patient with the door, wait for the door to click before pushing. Please do not let children hang on the door or open using latch, adults only please. \*\***

Infant, Dev.1 & 2 parents, we ask that you please be mindful about keeping up to date with checking Procure. The teachers use Procure as part of your child's day and a large communication factor.

We would like to remind you to please have your child arrive at Wellington Academy at an appropriate time. Our staff works hard to have the program up and going by 9:00am so please adhere to this time and have your child here so they can have the full benefit of the program. A reminder that Wellington's doors close at 5:30pm. Please be here on time, our staff would also like to get home to their loved ones. There is a late pick up fee of \$15 per 5-minute increments. Let's please avoid any extra fees.

Thank you for all your cooperation and sharing your children with us.

Parents you can read this newsletter online at...  
[wellingtonacademyschools.com](http://wellingtonacademyschools.com)

Find and like Wellington Academy on fb to view pictures from all the fun activities that your children experience. Enjoy!

Thank you,

Mrs. Millie and Ms. Shannon

## February Curriculum

Theme: Healthy Habits  
Colors: White, Red, Pink  
Shapes: Octagon, Rectangle, Heart

### 0-2 years' old Letters:

Letters: U, V, W  
Numbers: 3, 4, 5

### 3-5 years' old Letters:

Letters: Uu, Vv, Ww  
Numbers: 14, 15, 16



# Happy Birthday

Students: Charlotte 2/8 Jaxon 2/11 Kasen 2/14 Genevieve 2/15  
Ryan 2/22

Staff:



## Infant News

Happy February! We will be making some Valentine's Day art, so be on the lookout for that the week of the 14th. Phoebe is a little wobbly but is doing a great job sitting without support. Athena is rolling back and forth. Everett is getting more confident using the push toys and climbing in and out of chairs, and he is still practicing walking with support.

If you haven't already, please bring in a family photo so we can decorate your child's crib and show them off on our family tree!

\*Please remember all bottles must have caps and be labeled.

Thank you for sharing your babies with us.

Thank you,  
Ms. Carly & Mrs. Lisa

## Developmental 1 News



Roses are red, violets are blue, take care of your body for a healthier you! This month is all about healthy habits; that means discovering new ways to fuel our bodies through the things we eat, the way we move our bodies and the information we put into our minds. We will be learning all about these things in a variety of ways including-

- \* Listening to our heartbeat with a real stethoscope
- \* Having a taste test and graphing likes/dislikes of new foods
- \* Sorting healthy groceries into shopping bags by color
- \* Toddler Yoga
- \* Using our balance board to increase our skills
- \* Indoor obstacle course
- \* Brushing the "plaque" off a laminated tooth
- \* Painting with a toothbrush
- \* Planting Lima beans to see their growth cycle

A few reminders:

- PLEASE bring in updated family pictures for our family tree.
- Please wash nap items each week and return on Monday.
- We would like to have at least one change of weather appropriate clothing in your child's cubby.
- Book Club goes home on Friday for you and your child to enjoy over the weekend. Please return the book, bag, and completed form on Monday.
- All children should be wearing closed toed tennis shoes only while attending Wellington Academy, no sandals, or crocs please.
- Diapers with tabs that fasten for easier diaper changing are greatly appreciated, no pull-ups.

Thank you,  
Mrs. Shannon & Ms. Stacey



## Developmental 2 News



Roses are red, violets are blue, come join us and find out what foods are good for you. This month we will be learning about the different food groups, and we will be talking about the good foods and the bad foods. We will also be doing fun activities and stretches that are great for our bodies. This month we will also be having our Valentine's Day party so keep a look out for more information.

We are asking for everyone to please work together so we can successfully potty train your child which means to be working with them at home also. As weather might be changing soon, please bring in weather appropriate clothes. We appreciate your cooperation.

\*\* Please bring in a family photo for our family tree as soon as possible.

\*\* Girls must wear shorts underneath dresses.

**\*\* Please remember to wear closed toe shoes always, crocs are only to be worn when potty training! Once your child is potty trained, please wear closed toe shoes.**

\*\* No food and drinks in the classroom.

Thank you,  
Mrs. Elizabeth

## Developmental 3A News



Wow! Can you believe it is February already? The first month of the New Year went by so quickly. This month's theme is all about Healthy Habits. We will learn and discuss the difference between healthy and unhealthy food. We will also talk about the importance of other healthy habits we need to do daily such as Hand Washing, Dental Hygiene, exercising and so much more. We also have Valentine's Day activities planned for this month. Keep an eye out for more information.

Please continue working on writing skills, number and letter recognition/ sounds at home, everyone is doing great. Check life cubby for any updates and supplies needed. We wish everyone a happy and safe holiday!

If you have any questions or concerns, please reach out, I am here to help. We have lots of art planned, along with our weekly cooking projects.

-Fridays is Show and Tell

-Our cooking activities are a special learning time for our children, they will occur once a month on a Friday. Thank you for your donation to these activities.

Parents, please remember to be sure your child has extra clothes (weather appropriate) and any other supplies needed. Please be sure to label all belongings.

**We please ask children not to wear open toe sandals, for safety reasons. We also ask no crocs unless your child is potty training and that the girls wear shorts underneath of dresses/skirts.**

**\*\*Please bring in an updated family photo.**

Thank you so much for sharing your child with us.

Thank you,  
Ms. Teylor



## VPK News

January flew by so fast. We really enjoyed discussing winter and how cold it is, the type of clothing we wear when it gets cold.

This month we will be working towards ways to keep our habits healthy. We will be talking about healthy food and exercise. Love is also in the air. Our valentine's day party will be on Tuesday, Feb. 14<sup>th</sup>, please wear valentine colors. There will be a sign-up list on the door, keep an eye out. Homework will be making a valentine's box for our card exchange.

Please continue to practice sight words, word blends, compound words, rhyming words, phonic sounds, number and writing skills.

Book club, books go home on Friday and return by Tuesday. Sir Wellington will be going home on Fridays with a friend, and he will be returned by Wednesday so another friend can take him home. We are looking forward to a month full of fun & learning.

**Please remember our cubby space is limited, so limit belongings to a standard crib sheet, small blanket and change of clothes.**

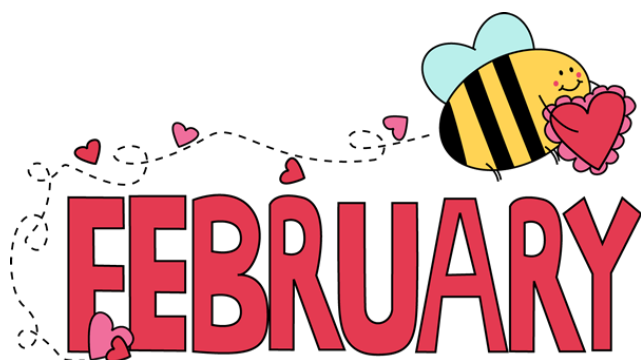
**\*\*Show & Tell is on Friday, items are to be theme related only. \*\***

**\*No toys, only theme related items may be brought in on Friday for show & tell.**

**\*No open toe shoes or sandals.**

Keep an eye on the door for any important information.  
Thank you, families for all your contributions and participation.

Thank you,  
Ms. Devi & Ms. Aycia



## Kitchen News

If you bring in a bag lunch for your child, please be sure that you have provided a note from your doctor stating that your child will receive lunch from home whether it be preference or medically necessary. Be sure all bagged lunches follow the nutritional guidelines.

**\*\*Reminder, lunch bags need to be labeled and include ice packs. Please also label all items in lunch bag as well.**

Parents with 'special' milk, please send in a new unopened carton of milk on Mondays and take home on Fridays. Unfortunately, some have gone bad being left over the weekends.

Any concerns with food or milk please feel free to stop me or leave me a note. Remember any items left in the refrigerator after Friday will be discarded.

**\*\*Remember to inform your child's teachers of any changes also.**

**\*\*Please take home all cups, containers, lunch bags daily. \*\*** We wouldn't want to discard your belongings (labeled or not), we just do not have the space to store.

**\*\* Remember we are a PEANUT FREE school\*\***

**\*\*Parents we please ask that you NOT send any seafood/shellfish of any kind with your child. We have a teacher that has a severe allergy, please be cautious and courteous. \*\***

Thank you,  
Mrs. Amie



\*\*\* Peanut & Seafood Free \*\*\*



# February 2023



<b>Wk. 1</b> <b>1/30-2/3</b> <b>2/27-3/3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Am Snacks	Saltine Crackers W/ Sliced Cheese & Water	Animal Crackers & Apple Juice	Oatmeal Cookies & Water	Pretzels & Apple Juice	Peaches & Water
Lunch	Cheeseburger (on Bun) w/ Tater Tots, Green Beans, Mandarin Oranges & Milk	Chicken Noodle Casserole, Pineapple, Carrots & Milk	Cheese Pizza, Mixed Fruit, Peas & Milk	Chicken Burritos, Peaches, Corn & Milk	French Toast, Sausage, Mixed Vegetables, Applesauce & Milk
PM Snacks	Organic Bunny Graham Cookies & Apple Juice	Cheez-It Crackers & Water	Club Cracker w/Jelly & Apple Juice	Cake & Juice	Popcorn & Water
<b>Wk. 2</b> <b>2/6-2/10</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Am Snacks	Blueberry Fruit Bars & Water	Graham Crackers & Apple Juice	Yogurt w/Vanilla Wafer & Water	Cinnamon Raisin Toast & Apple Juice	Bananas & Water
Lunch	Meat Loaf, Mashed Potatoes, Carrots, Mixed Fruit & Milk	Macaroni & Cheese w/Turkey Hot Dogs, Pears, Green Beans & Milk	Rice, Meatballs, Corn, Applesauce & Milk	Chicken Nuggets, Tater Tots, Mandarin Oranges, Peas & Milk	Grilled Cheese Sandwich, Mixed Veg., Pineapple Chunks & Milk
PM Snacks	Cheese & Crackers Apple Juice	Nacho's w/Cheese & Water	Lorna Dunn Shortbread Cookies & Apple Juice	Goldfish & Water	Cheese Ball Puffs & Apple Juice
<b>Wk. 3</b> <b>2/13-2/17</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Am Snack	Oatmeal Cookies & Water	Animals Crackers & Apple Juice	Saltine Crackers, String Cheese & Water	Pretzels & Apple Juice	Organic Bunny Graham Cookies & Water
Lunch	Beef-A-Roni, Green Beans, Pineapple & Milk	Cheese Pizza, Peas, Pears & Milk	Pancakes, Sausage links, Carrots, Mandarin Oranges, & Milk	Rice w/ Hamburger & Gravy, Corn, Applesauce & Milk	Cheese Quesadilla, Mixed Veg., Peaches & Milk
PM Snacks	Popcorn & Apple Juice	Chocolate/ Vanilla Pudding & Water	Blueberry Muffins & Apple Juice	Oats Honey Granola Bar & Water	Lorna Dunn Shortbread Cookies & Apple Juice
<b>Wk. 4</b> <b>2/20-2/24</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Am Snacks	Oats Honey Granola Bar & Water	Graham Crackers & Apple Juice	Yogurt & Vanilla Wafers & Water	Cinnamon Raisin Toast & Apple Juice	Bananas & Water
Lunch	Chicken & Rice, Carrots, Applesauce & Milk	Turkey Hot Dogs (on Bun) w/ Baked Beans, Pears & Milk	Pasta w/ Alfredo Sauce, Green Beans, Mixed Fruit, & Milk	Chicken Nuggets, Mashed Potatoes, Peas, Pineapples & Milk	Wow Butter/Jelly Sandwich, Peaches, Mixed Vegetables & Milk
PM Snacks	Saltine Crackers & String Cheese Apple Juice	Brownies & Water	Apple Cinnamon Fruit Bar & Water	Goldfish & Water	Nacho's w/Cheese & Water