Wellington Academy North Cape

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<u>ADMIN NEWS:</u>

WE'RE EXCITED TO KICK OFF A FUN-FILLED JULY! FRI-DAY THIS MONTH WE WILL BE HOSTING WATER DAY (WEATHER PERMITTING). PLEASE HAVE YOUR CHILD COME INTO SCHOOL WEARING A BATHING SUIT AND SUNSCREEN. DON'T FORGET TO PACK A TOWEL AND A CHANGE OF CLOTHES. ALSO, MARK YOUR CALENDARS FOR JULY 10TH—WE'LL BE WELCOMING A VERY SPECIAL VISIT FROM THE LOCAL FIRE DEPARTMENT! THE FIRE-FIGHTERS WILL BE BRINING THEIR FIRETRUCK,, TOOLS, AND HOSE TO GIVE THE CHILDREN A CLOSE-UP LOOK AT FIRE SAFETY IN ACTION. IT'S SURE TO BE A SPLASHY AND EXCITING MONTH.

Reminder that we are closed for the 4th of July

Thank you,

Mrs. Diane

**Developmental Ones & Twos **

July is shaping up to be a month full of fun and exploration in the Ones & Twos room! Our little learners will enjoy Water Day every Friday (weather permitting), so please remember to send them in wearing a bathing suit and sunscreen, along with a towel and change of clothes. We're also looking forward to a special visit from the fire department on July 10th they'll be bringing their fire truck and equipment for the children to see and enjoy. We can't wait to make summer memories together!

Love, Mrs. Hannah & Mrs. Julissa



**Developmental Pre K & Alumni **

It's July! We have some exciting things happening on the 10th. Our local Firefighters will be visiting us to tour the firetruck.

Our theme this month is blast off. We will be reviewing letters M-Z, numbers 6-10 and the shapes crescent and stars, also the colors Red, White and Blue.

Love, Mrs. Kay Joy





JULY 4TH- WELLINGTON WILL BE CLOSED-HAPPY INDEPENDENCE DAY! JULY 10TH- FIRE DEPARTMENT VISITING JULY 25TH-WELLINGTON CLOSED TEACHER IN-SERVICE DAY ** ANY OTHER SUMMER EVENT WILL HAVE A FLYER POSTED ON THE PARENT BOARD **



Mrs. Diane- 07/02 Lilliana E- 07/05 Camila V- 07/17



<u>Theme</u>: 3, 2, 1 ... Blast Off! <u>Developmental One's & Two's</u>: Letters: Review M-Z Numbers: Review 6-10 Colors: Red, White & Blue Shapes: Crescent & Star <u>Developmental Three's, Pre-K & VPK</u>: Letters: Review M-Z Numbers: Review 6-10 Colors: Red, White & Blue Shapes: Crescent & Star July 2025

D1: Whole Milk

D2 & Up: 1% Milk

| | | | July 1-4 | | | |
|-----------|--|--|---|--|---|--|
| MENU | Monday | Tuesday | Wednesday | Thursday | Riday | |
| Breakfast | WG Toast w/ Jelly, Peaches, Milk | WG Cheese Quesadilla, Pears, Milk | WG Cheerio's, Apple Slices, Milk | French Toast, Mixed Fruit, Milk | English Nuffin w/ Cheese, Nineapples, Milk | |
| Lunch | Meatballs in Tomato Sauce, Roll, Peas, Pears, Milk | Broccoli Cheese Rice w/ Chicken, Pineapples, Milk | Beef Hot Dog, Baked Beans, Mixed Fruit, Milk | WG Chicken Nuggets, Potatoes, Carrots, Peaches, Milk | WG Pizza, Green Beans, Applesauce, Mix | |
| Snack | Cheese Stick w/ crack- ers, Water | Pretzels, Oranges, Water | Muffins and Juice | Animal Crackers, Milk | Cheez Its and Juice | |

July 7-11

| MENU | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|--|--|---|---|
| Breakfast | Cinnamon Raisin Toast, Oranges, Milk | Yogurt, Pineapples, Milk | Biscuit w/ Jelly, Apples Slices, Milk | WG Rice Chex, Pears, Milk | WG Bagel w/ Cheese, Mandarin Oranges, Milk |
| Lunch | Meatloaf, Mashed Pota- toes, Green Beans, Peaches, Milk | WG Pancakes, Sausage, Tator Tots, Peaches, Milk | Cheeseburger Sliders, Baked Beans, Pears, Milk | WG Mac & Cheese w/ Ham Rollup, Peas, Pine- apples, Milk | Beef and Cheese Quesadilla, Corn, Mixed Fruit, Milk |
| Snack | WG Goldfish and Juice | Ritz Crackers, Cheese Slices, Water | Yogurt, Strawberries, Water | Chex Mix and Juice | Pretzels, Pears, water |

July 14-18

| MENU | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|--|---|--|--|
| Breakfast | Kix Cereal, Pears, Milk | Biscuit w/ Cheese, Pine- apples, Milk | WG Waffles, Applesauce, Milk | WG Cheerio's, Mixed Fruit, Milk | Cinnamon Raisin Toast w/ Cream Cheese, Bananas, Milk |
| Lunch | WG Chicken Nuggets, Green Beans, Peaches, Milk | WG Meatballs, Rolls, Green Beans, Pears, Milk | Chicken Teriyaki w/ Rice, Mixed Vegetables, Mixed Fruit, Milk | Cheese Ravioli w/ Toma- to Sauce, Corn, Pineap- ples, Milk | WG Fish Sticks, Mashed Potatoes, Mixed Fruit, Milk |
| Snack | Turkey and Cheese Rollup, Crackers, water | Graham Crackers w/ Sun Butter, water | Cheese Its and Juice | Animal Crackers and Milk | WG Goldfish, Pears, water |
| July 21-25 | | | | | |

| MENU | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|---|---|--|---|
| Breakfast | WG Waffles, Bananas, Milk | WG Bagel w/ Cream Cheese, Peaches, Milk | Yogurt, Applesauce, Milk | WG Rice Chex Cereal, Pears, Milk | Pancakes, Sausage Links, Mixed Fruit, Milk |
| Lunch | Macaroni and Cheese, Turkey Rollup, Peas, Pears, Milk | Beef Ravioli, Salad w/ Ranch Dressing, Manda- rin Oranges, Milk | WG Spaghetti w/ Meat Sauce, Carrots, Pineap- ples, Milk | Hot Dog w/ Baked Beans, Bread w/ Butter, Mixed Fruit, Milk | WG Pizza, Green Beans, Applesauce, Milk |
| Snack | Pretzels, Apple Slices, water | Ritz Crackers, Cheese Sticks, Water | WG Goldfish and Juice | Cheez Its and Juice | Animal Crackers, Pears, Water |

D2 & Up: 1% Milk

July 28-August 1st

| MENU | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|---|--|---|
| | | | | | |
| Breakfast | WG Toast w/ Jelly, Peaches, Milk | WG Cheese Quesadilla, Pears, Milk | WG Cheerio's, Apple Slices, Milk | French Toast, Mixed Fruit, Milk | English Muffin w/ Cheese, Pineapples, Milk |
| Lunch | Meatballs in Tomato Sauce, Roll, Peas, Pears, Milk | Broccoli Cheese Rice w/ Chicken, Pineapples, Milk | Beef Hot Dog, Baked Beans, Mixed Fruit, Milk | WG Chicken Nuggets, Potatoes, Carrots, Peaches, Milk | WG Pizza, Green Beans, Applesauce, Milk |
| Snack | Cheese Stick w/ crack- ers, Water | Pretzels, Oranges, Water | Muffins and Juice | Animal Crackers, Milk | Cheez Its and Juice |