

# Wellington Academy South Cape

## September 2025 Newsletter

Dear Parents,

It is back to school time again!! It is going to be a FANTASTIC school year. We want to **WELCOME** all our new students to Wellington Academy!

Thank you for choosing our preschool for your child's learning experience. We have many great activities planned for this school year, grandparents day, Fall Festival, Thanks-giving Feast, and many more! We enjoy and welcome parent involvement in all of our school celebrations, be on the lookout for our upcoming events.

Reminders:

- ⇒ Please be sure your child has at least two sets of spare clothing in their cubby
- ⇒ Please be sure to bring in your child's nap belongings each Monday and bring them home each Friday to be laundered
- ⇒ Your child is welcome to have a cup here and if you send one in for your child please ensure it has your child's first and last name written on it

Here's to a great school year!

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### Dates to Remember!

- \*9/1 Labor day Wellington Closed
- \*9/5 Grandparents Day
- \*9/23 Rosh Hashanah-No VPK

This months Focus:

Letters E,F,G,H

Numbers 3,4,5

Colors - Red & White

Shapes -Square & Octagon

Happy Birthday to all of our friends  
celebrating this month!

Jakari 9/3      Arwen 9/5

Willow 9/11      Callie 9/22

Ms. Yoanka 9/13



*“A birthday is just the  
first day of another 365  
day journey around the  
sun! Enjoy the trip!”*



Happy September from the Infant room! This month we'll explore the changing season and the different jobs we see with cozy story times, soft leaf-themed sensory bins, and tummy time. Our little ones will also enjoy gentle music sessions and mirror play to support early social and motor development. We will also be seeing many people who help our Community. We look forward to having fun with the community helpers during this season with our little ones!

INFANTS  
MS.ROSIE





This year is flying by so fast!! September is here, and we are ready for community helpers month! I have a lot of fun activities planned to get the children involved and engaged. We will also be celebrating Grandparents day with a cute art made by the kids. We will also be focusing on using our nice hands and walking feet. Please remember to bring in water bottles daily with your child's first and last name on it, as well as extra clothes that are weather appropriate.

Thank you for trusting us with your babies everyday!

CLASSROOM D1 MS. KERRY

Dear Community Helpers!

This month we will be working on Community helpers, as we will be having guest speakers and doing projects about the community helpers. We will also be celebrating grandparents day. When we talk about the community helpers we find that they are, helpers that are the people who make our neighbors safe, clean, and healthy. Whether you are a police officer, firefighter, doctor, nurse, teacher, mail carrier, or sanitation worker, you play a very important role in our daily lives. You help us when we are in trouble, teach us new things, and keep everything working smoothly. We always need to remember to thank those that help.

Classroom D3 Ms. Yoanka





# VPK

We have had a great start to our 2025-2026 school year! We are continuing our Letter recognition with the letters Ee, Ff, Gg, and Hh. This month theme is community helpers we will continue to work on classroom rules, basic writing (starting on writing our names), class songs, counting, and beginning working on cutting skills. Please do not bring any toys to school so they do not get lost in class, every Monday we will be sending home a folder with your child's work PLEASE return the folder on Friday. If you have not done so already please send in a family photo, and have your child bring in a water bottle daily with first and last name. Thank you for allowing us to be apart of your child's life.

**Ms. B and Ms. Zuria**



# *September* Curriculum

## Community Helpers

Ages 0-2

Letters: E, F, G, H

Numbers: 3, 4, 5

Shapes: Square and Octagon

Colors: Red and White

Developmental Threes, Fours and VPK

Letters: E, F, G, H

Numbers: 3, 4, 5

Shapes: Square, Octagon, Cylinder

Colors: Red and White



**COMMUNITY HELPERS**



# September Menu

MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 9/1-9/5</b>					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , wg bread and butter Milk	Pancakes, sausage, tator tots, applesauce, milk	Fish sticks , Mixed veggies Pineapple, Wg bread and butter Milk	BBQ Meatballs , mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice
<b>Week of 9/8-9/12</b>					
<b>Breakfast</b>	French Toast sticks Oranges Milk	WG Cheerios, Mixed Fruit Milk	WG Waffles Ap- plesauce, Milk	Bagels , Pears, Milk	Blueberry muffins Bana- nas Milk
<b>Lunch</b>	Sloppy Joes, Tator tots Peaches, Milk	Mac & Cheese Mixed Veggies Pears, Milk	Chicken Fettuccine alfredo Broccoli Pears milk	Wg Grilled ham and cheese , Tomato soup Peaches Milk	WG Spaghetti , meat sauce, salad, mixed fruit Milk
<b>Snack</b>	Wg Goldfish Mozzarella cheese sticks Water	Animal crackers , Slice apples Water	Wheat thins Cheese Water	Graham crackers, strawberry yogurt Water	Pretzels Apple juice
<b>Week of 9/15-9/19</b>					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , Wg bread and butter Milk	Pancakes, sausage, tator tots, applesauce, milk	Fish sticks , Mixed veggies Wg bread and butter Pineapple, Milk	BBQ Meatballs , mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice



MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 9/22-9/26</b>					
<b>Breakfast</b>	French Toast sticks  Oranges Milk	WG Cheerios, Mixed Fruit Milk	WG Waffles Applesauce, Milk	Bagels ,  Pears, Milk	Blueberry muffins Bananas Milk
<b>Lunch</b>	Sloppy Joes, Tator tots  Peaches, Milk	Mac & cheese  Mixed Veggies  Pears, Milk	Chicken Fettuccine alfredo Broccoli Pears  milk	Wg Grilled ham and cheese , Tomato soup  Peaches  Milk	WG Spaghetti , meat sauce, salad,  mixed fruit  Milk
<b>Snack</b>	Wg Goldfish  Mozzarella cheese sticks , Water	Animal crackers , Slice apples  Water	Wheat thins  Cheese  Water	Graham crackers, strawberry yogurt  Water	Pretzels  Apple juice

**Week of 9/29-10/03**

<b>Breakfast</b>	Cinnamon Chex  Mixed Fruit,  Milk	Raisin Toast Pears  Milk	Sausage Biscuits  Apple slices, Milk	WG Waffles  Peaches, Milk	Scrambled Eggs,  WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , wg bread and butter  Milk	Pancakes, sausage, tator tots, applesauce, milk	Fish sticks , Mixed veggies Pineapple, wg bread and butter  Milk	BBQ Meatballs , mashed potatoes, pears,  Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels,  Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes  Water	Cheese sticks and crackers,  Water	Cheese its  100% Apple juice



# Wellington Academy

## South Cape

### School Calendar 2025-2026



August 6, 2025.....	VPK Open House @6:30pm-7:30pm
August 11, 2025.....	Fall Curriculum Begins, First Day of VPK
September 1, 2025.....	Wellington Closed-Labor Day
September 4 & 5 2025.....	Grandparents Day Celebration
September 23, 2025.....	Rosh Hashanah
October 13, 2025.....	Wellington Closed In-Service Day
October 24, 2025.....	Fall Festival (7:00-8:30 pm)
October 31, 2025.....	Progress Reports
November TBD.....	School Pictures
November 10-14, 2025.....	Canned Food Drive
November 24-28, 2025.....	No VPK-Thanksgiving Break
November 27-28, 2025.....	Wellington Closed-Happy Thanksgiving!
December 1-12, 2025.....	Toy Drive
December 17, 2025.....	Trim the Tree (D1A & D1B)
December 18, 2025.....	Trim the Tree (D2A & D2B)
December TBD .....	Santa Visit at 9:00 am
December 18, 2025.....	Holiday Programs (D3, Pre-K )
December 19, 2025.....	Holiday Programs (VPK A,B,C)
December 22, 2025-January 2, 2026.....	No VPK-Winter Break
December 24, 2025.....	Wellington Closing @12pm
December 25, 2025.....	Wellington Closed Merry Christmas!!
December 31, 2025.....	Wellington Closing @12pm
January 1, 2026.....	Wellington Closed Happy New Year!!
January 9, 2026.....	Parent Appreciation Day
January 19, 2026.....	Wellington Closed-Teacher Duty Day
February 16, 2026.....	Wellington Closed-Presidents Day
March TBD, 2026.....	Individual/VPK Cap & Gown Pictures
March 16-20, 2026.....	No VPK-Spring Break
March 30-April 2, 2026.....	Easter Activities
April 2, 2026.....	Easter Bonnet Parade
April 3, 2026.....	Wellington Closed- Teacher-In Service Day
April 6, 2026.....	NO VPK-Easter Monday
May 4-8, 2026.....	Teacher Appreciation Week
May 7-8, 2026.....	Mother's Day Celebrations
May 25, 2026.....	Wellington Closed-Memorial Day
May 29, 2026.....	Progress Reports
May 29, 2026.....	Last day of VPK
May TBA, 2026.....	VPK Graduation
June 19, 2026.....	Father's Day Celebrations
July 3, 2026.....	Wellington Closed- Independence Day
July 31, 2026.....	Wellington Closed Teacher in-service Day

Dates and times are subject to change.