

# Wellington Academy Fort Myers

## October 2025 Newsletter



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Dear Parents,

We are going to have a lot of fun with our curriculum for October. The children are going to engage in activities that will involve the outside world around us. Projects will be made out of sticks, leaves, soil, and many more items we see outside.

On Friday, October 24th from 7p-8:30p, we will have a Fall Festival or Trunk-or-Treat Event. Please let your friends and family know they are welcome to join.

Please know that my door is always open and if you have any questions or need further assistance, do not hesitate to reach out.

Warmly,

Erica Galutza

Director

**Dates to remember...**

**Oct. 13th—CLOSED (In-Service Day)**

**Oct. 24th—Fall Festival  
(7:00pm-8:30pm)**

**Oct. 31st—Fall Class Parties**

**Oct. 31st—Progress Reports**



## ***Infants***

This month our infants will explore the beauty of nature all around them. Through soft sensory play and simple activities, they will discover the sights, sounds, and textures of the world outside. Listening to birds and looking at leaves and flowers will help them begin to connect with the environment. These experiences build early awareness of the natural world.

♥Ms. Tina



## ***Developmental 1A***

In the month of October our toddlers will be learning all about the wonders of nature. They will explore leaves, flowers, rocks, and sticks through hands-on activities that encourage curiosity and discovery. Outdoor walks and nature hunts will give them a chance to see, touch, and talk about what they find in the environment around them. These experiences help develop language, observation skills, and a love for the world outside. Letters for the month are I, J, K, and L. Numbers we will learn are 6, 7, and 8. Our colors and shapes are orange, black, square, and oval.

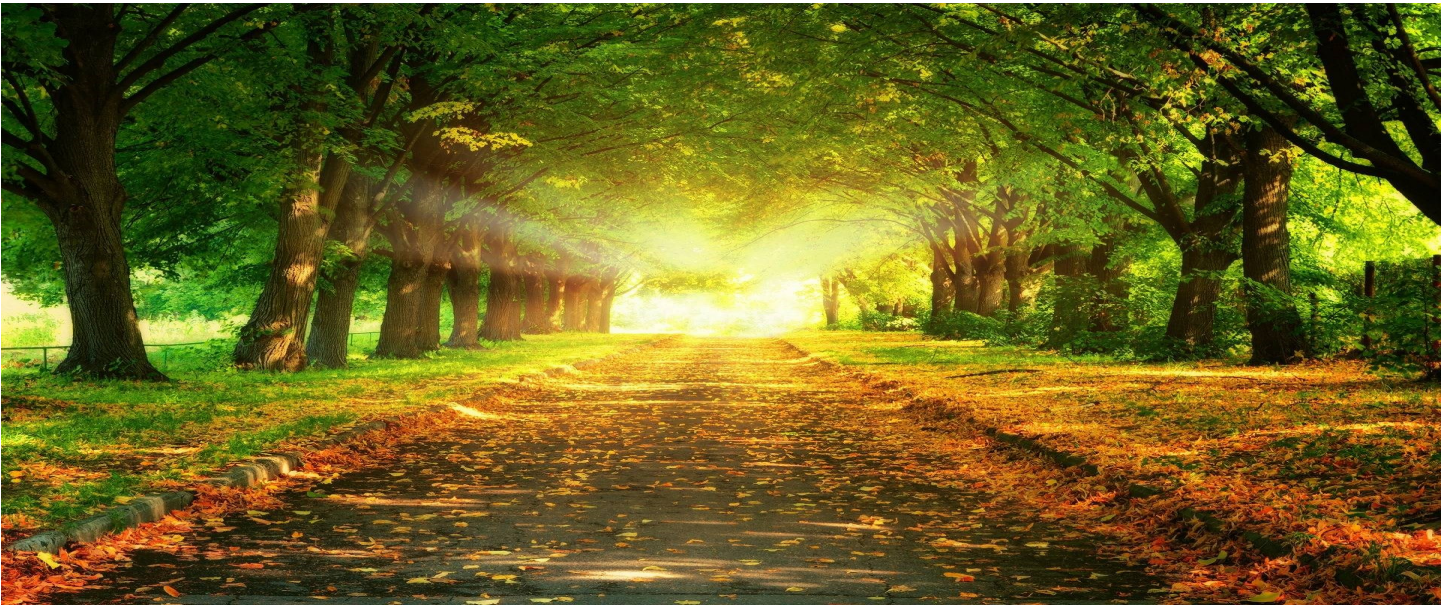
♥Ms. Brooke



## ***Developmental 2A & 3A***

In October, we will discuss **nature** and how we can explore plants and weather. We will learn to identify the letter I, J, K, L, numbers 6, 7, 8, colors orange and black, and shapes oval and square. Our children will develop and engage in age appropriate activities and enjoy reading books about nature.

♥ Ms. Kelly & Ms. Gigi



## ***VPK***

Our VPK class will be exploring the wonders of **nature**. Children will learn about plants, animals, weather, and the world around them through hands-on activities and outdoor exploration. We will read stories about nature, create art using natural materials, and talk about how we can take care of the earth. Our letters this month are li, Jj, Kk, Ll. Our numbers are 6, 7, & 8. Our shapes and colors are oval, square, orange, and black.

♥ Ms. Erica



# **HAPPY BIRTHDAY**

**Jomara J .                      10/01**

**Devon A.                        10/04**

**Emily B.                         10/21**



# October Curriculum



Infants, D-1, D-2A, D-2B

Letters: I, J, K, L

Colors: Orange, Black

Shapes: Oval, Square

Numbers: 6,7,8

D-3, Pre-K, VPK

Letters: Ii, Jj, Kk, Ll

Colors: Orange, Black

Shapes: Oval, Square

Numbers: 6,7,8





# Oct. Menu



MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 09/29-10/03</b>					
<b>Breakfast</b>	WG Toast w/ Jelly, Peaches, Milk	WG Cheese Quesadilla, Pineapples, Milk	WG Cheerios, Apple Slices, Milk	French Toast, Pears, Milk	Scrambles eggs, WG Toast, Mixed Fruit, Milk
<b>Lunch</b>	Meatballs w/ BBQ Sauce, Roll, Peas, Pears, Milk	Chicken w/ Broccoli Cheese Rice, Mandarin Oranges, Milk	Fish Sticks, Tator Tots, Corn, Mixed Fruit, Milk	WG Chkn Nuggets, Mas. Potatoes, Carrots, Peaches, Milk	WG Cheese Pizza, Green Beans, Applesauce, Milk
<b>Snack</b>	Crackers, Cheese Stick, Water	Yogurt, Pineapples, Water	Blueberry Muffin, Milk	Animal Crackers and Milk	Cheese Its and Apple Juice
<b>Week of 10/06-10/10</b>					
<b>Breakfast</b>	Yogurt, Pineapples, Milk	Cheese Biscuit, Sausage, Applesauce, Milk	Cinnamon Chex, Pears, Milk	WG Bagel w/ Cream Cheese, Mandarin Oranges, Milk	WG Waffles, Applesauce, Milk
<b>Lunch</b>	Chicken Alfredo, Mixed Vegetables, Apple Slices, Milk	WG Pancakes, Sausage, Tator Tots, Peaches, Milk	Cheeseburger, Baked Beans, Oranges, Milk	WG Mac and Cheese, Ham Roll-up, Peas, Pineapples, Milk	Beef and Cheese Quesadilla, Corn, Mixed Fruit, Milk
<b>Snack</b>	Graham Cracker, Oranges, Water	Ritz Crackers, Cheese Slice, Water	WG Goldfish and Apple Juice	Turkey w/Crackers, Water	Pretzels, Pears, Water
<b>Week of 10/13-10/17</b>					
<b>Breakfast</b>	Cinnamon Raisin Toast w/ Cream Cheese, Peaches,	Blueberry Muffin, Mixed Fruit, Milk	Cheerios, Peaches, Milk	English Muffin w/ Jelly, Pears, Milk	WG Pancake, Pineapples, Milk
<b>Lunch</b>	WG Chicken Nuggets, Waffles, Green Beans, Pears, Milk	WG Meatballs w/ BBQ Sauce, Roll, Carrots, Pears, Milk	Chicken Teriyaki w/ Rice, Mixed Vegetables, Mixed Fruit, Milk	Cheese Ravioli w/ Tomato Sauce, Corn, Pineapples, Milk	Turkey & Cheese Sandwich, Peas, Mandarin Oranges, Milk
<b>Snack</b>	Ham w/ Crackers, Water	Blueberry Muffin, Milk	Animal Crackers and Milk	Pretzels, Oranges, Water	WG Goldfish, Pears, Water
<b>Week of 10/20-10/24</b>					
<b>Breakfast</b>	Cinnamon Chex, Peaches, Milk	WG Waffles, Pears, Milk	French Toast, Applesauce, Milk	Yogurt, Apple Slices, Milk	WG Cheese Quesadilla, Pineapples, Milk
<b>Lunch</b>	Mac and Cheese, Turkey Roll-Up, Peas, Pears, Milk	Fish Sticks, Mashed Potatoes, Green Beans, Peaches, Milk	WG Spaghetti w/ Meat Sauce, Corn, Pineapples, Milk	Ham & Cheese Sandwich, Carrots, Mixed Fruit, Milk	WG Cheese Pizza, Mixed Vegetables, Applesauce, Milk
<b>Snack</b>	Turkey w/ Crackers, water	Cheese Its and Apple Juice	Yogurt, Peaches, Water	Graham Cracker, Oranges, Water	Pretzels and Apple Juice
<b>Week of 10/27-10/31</b>					
<b>Breakfast</b>	Bagel w/ Cream Cheese, Mixed Fruit, Milk	WG Cinnamon Raisin Toast, Apple Slices, Milk	Cheese Biscuit, Sausage, Pears, Milk	French Toast, Peaches, Milk	Blueberry Muffin, Mandarin Oranges, Milk
<b>Lunch</b>	Chicken Alfredo, Mixed Vegetables, Apple Slices, Milk	Cheeseburger, Baked Beans, Oranges, Milk	WG Chicken Nuggets, Waffles, Green Beans, Banana, Milk	WG Mac and Cheese, Turkey Roll-up, Peas, Pineapples, Milk	Ham & Cheese Sandwich, Peas, Mandarin Oranges, Milk
<b>Snack</b>	WG Goldfish and Apple Juice	Animal Crackers and Milk	Yogurt, Banana, Water	Ham w/ Crackers, Water	Graham Cracker, Oranges, Water