Wellington Academy Fort Myers September 2025 Newsletter



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Dates to remember...

Sept 1st—Labor Day CLOSED
Sept 5th—Grandparents Day
Celebration

Sept 23rd—Rosh Hashanah— NO VPK Dear Parents,

In the month of September the children will learn about **Community Helpers**. They will engage in fun games, matching activities, and art projects that will help them connect these concepts while building social skills and curiosity about the world around them.

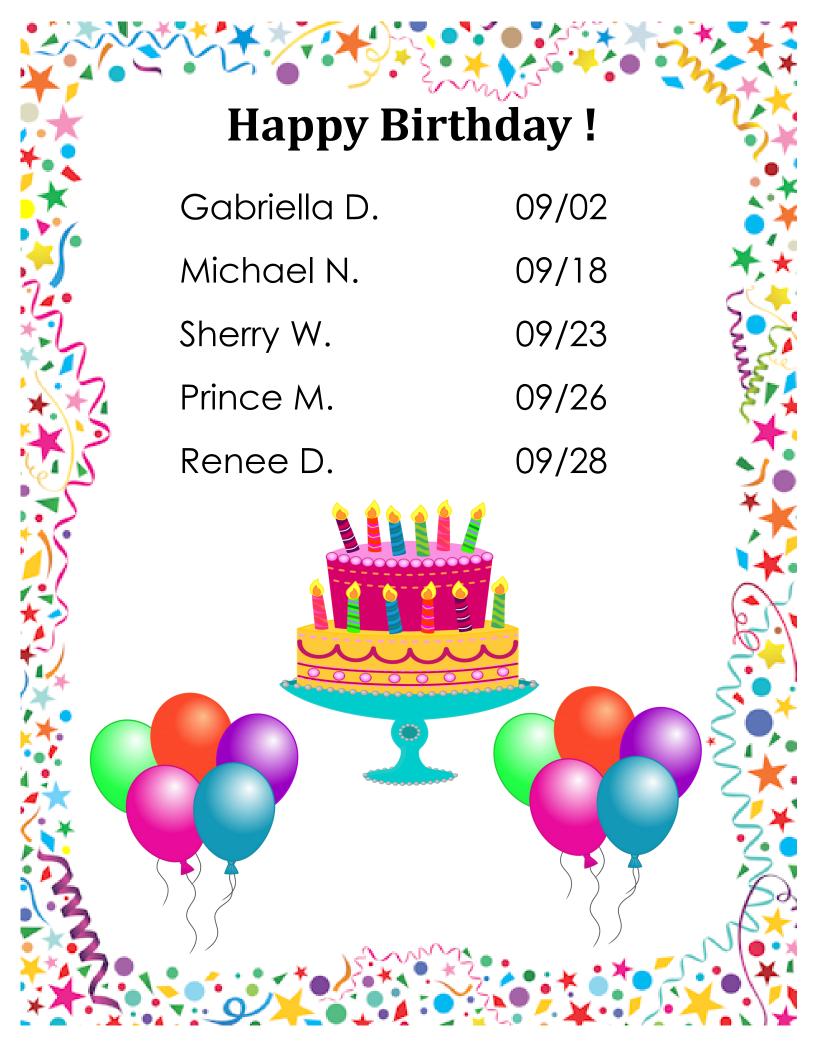
On Friday, September 5th we will be celebrating Grandparents Day. VPK will have a gathering @ 11:30am and the infants through Three year olds will be gathering @ 3:30pm. We would love for the grandparents to join the children for an activity and snacks. I hope everyone is able to make it.

If you have any questions or need further assistance, please do not hesitate to reach out.

Warmly,

Erica Galutza





Infants

This month our infants will be exploring the theme of **Community Helpers**. Through songs, books, and sensory play, we will introduce our little ones to the friendly people who help keep our world safe and happy—such as firefighters, police officers, doctors, and teachers. Even though they are very young, our infants will enjoy hearing new words, seeing colorful pictures, and engaging in simple activities that connect them to the caring people in our community.



Developmental 1A

In our toddler room, we are excited to learn about *Community Helpers*—the people who help us every day! We will read stories, dress up, and pretend to be doctors, firefighters, mail carriers, and more. Toddlers will have hands-on activities like "delivering mail" around the classroom, exploring toy doctor kits, and painting fire trucks. This theme helps our toddlers learn about kindness, teamwork, and how everyone has a special job that helps our community. Join us for Grandparents Day on Friday, September 5th @ 3:30pm.

Developmental 2A & 3A

Our Two's and Three's will be busy learning all about *Community Helpers*—From police officers and teachers to construction workers and veterinarians. We will explore how these helpers keep our neighborhoods safe, clean, and running smoothly through pretend play, art projects, and group discussions. Along with this theme, we will focus on the letters *E*, *F*, *G*, and *H*, the numbers *3*, *4*, and *5*, and the shapes square and octogen. Our colors for the month are red and white. Join us for Grandparents Day on Friday, September 5th @ 3:30pm.



VPK

Our VPK children will be engaging in activities and reading books about **Community Helpers** during the month of September. They will focus on writing their name, letter and number recognition, the shapes square and octagon, and art projects with red and white. They will also have a few visits with Community Helpers in our area, like firefighters and police officers. **Join us for Grandparents Day on Friday, September 5th @ 11:30am.** Also, a reminder that school is out Sept. 1st and 23rd. It has been a pleasure teaching the children and getting to know each and every one of them. Thank you and have a great day!



MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
· 	 J		f 09/01-09/05	1	
Breakfast	WG Toast with	WG Cheese	WG Cheerios, Ap-	French Toast, Ap-	Scrambled Eggs,
	Jelly, Peaches,	Quesadilla, Peach-	ple, Milk	plesauce, Milk	WG Toast, Banana,
	Milk	es, Milk			Milk
Lunch	Meathalls in BBQ	Broccoli Cheese	Fish Sticks, Baked	WG Chicken Nug-	WG Pizza, Green
	Sauce, Roll, Peas,	Rice with Chicken,	Beans, Mixed fruit,	gets, Potatoes, Car-	beans, Applesauce,
	Pears, Milk	Pineapples, Milk	Milk	rots, Peaches, Milk	Milk
Snack	Cheese sticks,	Pretzels, oranges,	Muffins, bananas,	Animal crackers with	Cheez its with Ap-
	crackers, Watek	Water	Water	Milk	ple juice
Week of 09/08-09/12					
Breakfast	WG Toast with	Yogurt, Pineapple,	Cheese Biscuit, Sau-	WG Cheerios, Pears,	WG Bagels and
	Jelly, Peaches, Milk	Milk	sage, Apples, Milk	Milk	cheese, Mandarin Oranges, Milk
Lunch	Chicken Alfredo,	WG Pancakes, Sau-	Cheeseburger,	WG Mac and Cheese	Beef and Cheese
	Mixed Vegetables,	sage, Tater Tots,	Baked Beans, Pears,	with Ham Rollup.	Quesadilla, Corn,
	Apples, Milk	Peaches, Milk	Milk	Peas, Pineapple, Milk	Mixed Fruit, Milk
Snack	Cheese Stick, Gra-	Ritz Crackers,	WG Goldfish Crack-	Cheese Its, Fruit	Pretzels, Pears,
	ham Crackers, Wa-	Cheese slices, Water	ers, Apple juice	Juice	Water
	ter				
Week of 09/15-09/19					
Breakfast	Biscuit and cheese,	Scrambled eggs w/	WG Waffles, Ap-	WG Cheerios, Pears,	Cinnamon raisin
	Pears, Milk	Cheese, WG Toast,	plesauce, Milk	Milk	toast with Cream
		Pineapples, Milk			cheese, Bananas,
Lunch	WG Chicken Nug-	WG Meatballs in	Chicken Teriyaki,	Cheese Ravioli with	WG Pizza W- Beef
	gets and Waffles,	BBQ Sauce, Rolls,	Rice, Mixed Vegeta-	tomato sauce, Green	Topping, Carrots,
	Green Beans,	Green beans, Pears,	ble, Mixed Fruit,	beans, Pineapple,	Apples, Milk
	Peaches, Milk	Milk	Milk	Milk	
Snack	Turkey and cheese	Yogurt, Pineapple,	Blueberry Muffins,	Animal crackers,	WG Goldfish
	roll ups, Crackers,	Water	Milk	Milk	Crackers, Apple
	Water				Juice
Week of 09/22-09/26					
Breakfast	WG Waffles, Bana-	WG Bagels, Cream	Yogurt, Apples, Milk	WG Rice Chex cere-	Scrambled Eggs,
	nas, milk	Cheese, Peaches,		al, Bananas, milk	WG Toast, Banana,
		Milk			Milk
Lunch	Macaroni and	Meatloaf w/gravy	WG Spaghetti and	Ham/Cheese Sand-	WG Cheese Pizza,
	cheese, Turkey roll	Mashed Potatoes,	Meat Sauce, Car-	wich, baked beans,	Green beans, Apple
	ups, Peas, Pears,	Green Beans,	rots, Pineapples,	mixed fruit, milk	Sauce, Milk
	milk	Peaches, Milk	Milk		
Snack	Pretzels, Apples,	Ritz Crackers,	WG Goldfish Crack-	Cheez its, Pears, Wa-	Animal Crackers,
	Water	Cheese Slices, Wa-	ers, Apple Juice	ter	Apple juice
		ter			