



### Notes from Admin:

Dear Parents,

October is almost here! And we have so much fun in store! This month's theme is all about Nature, so get ready to explore the wild world of animals, birds, bugs with our wonderful teachers. Too add we will be having a fun week in the month of October, as we will be collecting individually wrapped candy to make sweet goodie bags for our kiddos, so be on the look out.

Fall pictures, Fall Festival ! We enjoy and welcome parent involvement in all of our school celebrations, be on the lookout for our upcoming events.

### Reminders:

- ⇒ Please be sure your child has at least two sets of spare clothing in their cubby
- ⇒ Please be sure to bring in your child's nap belongings each Monday and bring them home each Friday to be laundered
- ⇒ Your child is welcome to have a cup here and if you send one in for your child please ensure it has your child's first and last name written on it

Director

Carol Taylor

Assistant Director

Ariel Noel



Wellington Academy South Cape

4412 SE15th Ave. Cape Coral, Fl. 33904

(239) 549-8818

[Southcape@wellingtonacademyschools.com](mailto:Southcape@wellingtonacademyschools.com)

[www.Facebook.com/wellington academy](https://www.facebook.com/wellington-academy)



# INFANTS

Happy October, Hello Families!

We're embracing the beauty of Autumn. Our little ones will enjoy sensory activities with colorful leaves, fun pumpkin crafts, and cozy story times. We're excited to make this autumn special together!

Ms. Rosie



# D1

Welcome fall Y'all! It is officially here our favorite season, and we are ready to dive headfirst into a whirlwind of nature, and all the things Autumn! We're almost pros at counting to 10 and our colorful mission to learn our shapes, the alphabet? We have so much exciting activities lined up, so keep on the look out for all the October goodies! Oh, and we would love for each little pumpkin in our class to bring in a small pumpkin for decorating, it's going to shine bright this Annual Fall Festival! A sad good bye to our friend Arwen as she moves to our 2 year old room and lets welcome Kobe to our class

Thank you parents for letting us love your babies!

Kerry

# D2

Happy Fall, fabulous friends!  
This October, we are working on the letters I,J,K,L and getting crafty with them. As the leaves start to turn, we will chat about all those gorgeous fall colors and what the Autumn months have in store for us. Be on the look out as we have many fun things to do this month! Keep an eye out on our parent board for all the latest news and events. Oh and don't forget to send in a small pumpkin with your kiddo; they'll be decorating it! Let the autumn fun begin!

Ms. Yenni

# D-3

Welcome Fall! As we continue to learn in the month of October, we will be focusing on the letters I,J,K,L. We are excited about the leaves start to turn, as we talk about the different colors. Please be on the look out as we have many fun things to do this month! Keep an eye out on our parent board for all the latest news and events. Oh and don't forget to send in a water bottle with your child's first and last name on them, and a small pumpkin with your child as we will be decorating them!

Ms. Yoanka



# VPK

September has been such a wonderful month of learning and growing together! We explored exciting topics like **Community helpers** and the **Five senses**, helping our little learners discover more about the world around them. As we say goodbye to September, we're excited to welcome October and all the fun it will bring! This month, we'll be learning about:

- Nature and Seasons
- Autumn/Fall changes
- Halloween crafts and activities

We'll also be preparing for our **Halloween Party**-get ready for lots of fun and creativity!

**Upcoming Events- Don't Miss Out!**

- Reptile Show- October 17th
- Fall Festival and Trunk-or-Treat October 25th

Thank you for being part of our VPK family. We can't wait to share another month full of learning, fun, and special memories

With appreciation

Ms. B and Ms. Zuria







# **HAPPY BIRTHDAY**

**Astro 10/07**

**Wyatt 10/30**

**Ms. Rosie 10/15**



# OCTOBER

## CURRICULUM

### Nature

Ages 0-2

Letters: I,J,K,L      Numbers: 6,7,8

Shapes: Oval and Square      Colors: Orange and Black

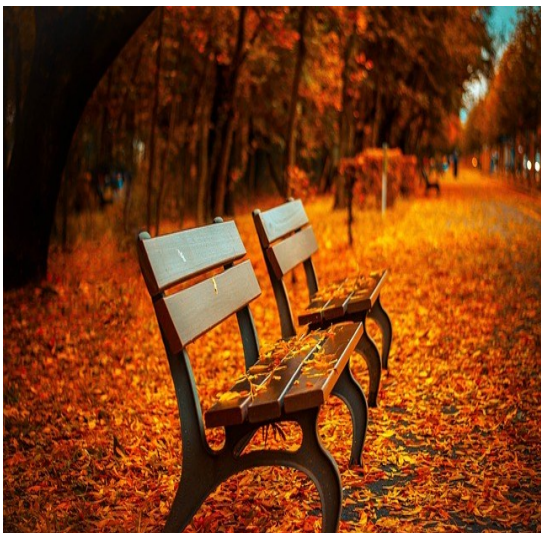
Ages: 3-VPK

Letters: li, Jj, Kk, Ll

Numbers: 6,7,8

Shapes: Oval and Square

Colors: Orange and Black



# Fall Fun Days

Oct. 20-24

Monday - PRINCESS & SUPER HERO

DRESS LIKE A PRINCESS OR SUPER HERO



Tuesday - EVERYTHING PUMPKIN

WEAR ORANGE, BRING A PUMPKIN TREAT, OR ANY OTHER PUMPKIN IDEA YOU MAY HAVE



Wednesday - PINK OUT WEDNESDAY

HELP US SUPPORT BREAST CANCER AWARENESS- WEAR PINK



Thursday - CRAZY HAT DAY

PLEASE NO FACE MASKS OR FACE COVERINGS



Friday— HALLOWEEN PAJAMA DAY

WEAR HALLOWEEN PAJAMAS OR COLORS



## October Menu

Uit MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 10/6-10/10</b>					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , wg bread and butter Milk	Pancakes, sausage, tator tots, applesauce, milk	Fish sticks , Mixed veggies Pineapple, Wg bread and butter Milk	BBQ Meatballs , mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice
<b>Week of 10/13-10/17</b>					
<b>Breakfast</b>	French Toast sticks Oranges Milk	WG Cheerios, Mixed Fruit Milk	WG Waffles Applesauce, Milk	Bagels , Pears, Milk	Blueberry muffins Bananas Milk
<b>Lunch</b>	Sloppy Joes, Tator tots Peaches, Milk	Mac & cheese Mixed Veggies Pears, Milk	Chicken Fettuccine alfredo Broccoli Pears milk	Wg Grilled ham and cheese , Tomato soup Peaches Milk	WG Spaghetti , meat sauce, salad, mixed fruit Milk
<b>Snack</b>	Wg Goldfish Mozzarella cheese sticks Water	Animal crackers , Slice apples Water	Wheat thins Cheese Water	Graham crackers, strawberry yogurt Water	Pretzels Apple juice
<b>Week of 10/20-10/24</b>					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , Wg bread and butter Milk	Pancakes, sausage, tator tots, applesauce, milk	Fish sticks , Mixed veggies Wg bread and butter Pineapple, Milk	BBQ Meatballs , mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice



## October Menu

Uit MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 10/27-10/31</b>					
<b>Breakfast</b>	French Toast sticks Oranges Milk	WG Cheerios, Mixed Fruit Milk	WG Waffles Ap- plesauce, Milk	Bagels , Pears, Milk	Blueberry muffins Bananas Milk
<b>Lunch</b>	Sloppy Joes, Tator tots Peaches, Milk	Mac & cheese Mixed Veggies Pears, Milk	Chicken Fettuccine alfredo Broccoli Pears milk	Wg Grilled ham and cheese , Tomato soup Peaches Milk	WG Spaghetti w/meat sauce, salad, mixed fruit Milk
<b>Snack</b>	Wg Goldfish Mozzarella cheese sticks , Water	Animal crackers , Slice apples Water	Wheat thins Cheese Water	Graham crackers, straw- berry yogurt Water	Pretzels Apple juice