Wellington Academy North Cape Newsletter



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ADMIN NEWS:

As we enter the month of November, we are reminded of the importance of gratitude and the community. This is a wonderful time to reflect on all we have accomplished together so far this year and to celebrate the growth we see in our students each day. We appreciate your continued partnership and support—it truly makes a difference. We wish all of our families a joyful and restful Thanksgiving season!

Thank you,

Mrs. Diane

Developmental Ones & Twos

We had a lot of fun this past month dancing to holiday music, reading silly spooky stories, and exploring different textures while making holiday crafts. We are preparing to explore next month theme, families, our letters are M, N, O, P and the numbers we will be focusing on are 9 & 10. We will also learn about the shapes heart & triangle, an the colors purple and brown. We are looking forward to spending time with family and friends this holiday season.

Miss Erin.



**Developmental Three's **

November will be a fun and busy month in our Threes Room! The children will explore themes of gratitude, friendship, and the changing seasons. We will enjoy sensory play with fall-themed materials, practice counting with colorful leaves, and create beautiful turkey and pumpkin crafts to decorate our classroom. During circle time, we will talk about things we are thankful for and continue working on sharing and taking turns. As the holidays approach, we know our little learners will keep showing independence, kindness, and excitement as they grow and learn together!

Miss Tabby

VPK A

This month, our theme is *Families*! We will be talking about the many different ways families show love and care for one another. The children will share about their own families, create special family crafts, and read stories that highlight kindness and togetherness. As we move into the season of gratitude, we will also discuss ways to be thankful and help others. Please note there will be **no VPK classes from Monday, November 24 through Friday, November 28** for the Thanksgiving break. We hope everyone enjoys this special time with family and friends!

Miss Hannah



VPK B

This month, we will focus on name tracing and recognizing the letters M,N,O, & P. Students will explore various shapes, patterns, and numbers 1-10 while fostering positive peer interactions and effective communication. Our theme celebrates families and Thanksgiving, encouraging gratitude and teamwork. Routine practice in these areas with enhance learning and social skills.

Classroom Thanksgiving party will be on November 21st and there will be no VPK November 24-28.

Thank you for your continued support in making our classroom a nurturing environment.

Ms. Helen



What's happening

NOVEMBER 10TH-14TH: CANNED FOOD DRIVE

NOVEMBER 24-28: NO VPK

NOVEMBER 27-28: WELLINGTON IS CLOSED FOR

THANKSGIVING!

HAVE A WONDERFUL THANKSGIVING!



Brayden D. 11/4
Henry Q. 11/15
Charlotte 11/21

Robert "Apollo" 11/23

Mickel W. 11/25

Ms. Carrie 11/25

Oliver R. 11/27

Rhyatt B. 11/29



D1: Whole Milk

D2 & Up: 1% Milk

Nov. 3-7

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Toast w/ Jelly, Peaches, Milk	WG Waffles, Pears, Milk	WG Cheerio's, Apple Slices, Milk	French Toast, Mixed Fruit, Milk	English Muffin w/ Cheese, Pineapples, Milk
Lunch	Meatballs in Tomato Sauce, WG Roll, Peas, Pears, Milk	Broccoli Cheese Rice w/ Chicken, Pineapples, Milk	Beef Hot Dog, Baked Beans, Mixed Fruit, Milk	WG Chicken Nuggets, Potatoes, Carrots, Peaches, Milk	WG Pizza, Green Beans, Applesauce, Milk
Snack	Cheese Stick w/ crackers, Water	Pretzels, Oranges, Water	Muffins and Juice	Animal Crackers, Milk	Cheez Its and Juice

Nov. 10-14

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Toast, Oranges, Milk	Yogurt, Pineapples, Milk	WG Biscuit w/ Jelly, Apples Slices, Milk	WG Rice Chex, Pears, Milk	WG Bagel w/ Cheese, Mandarin Oranges, Milk
Lunch	Hamburgers, Mashed Potatoes, Green Beans, Peaches, Milk		Fish sticks, Baked Beans, Pears, Milk	WG Mac & Cheese w/ Ham Rollup, Peas, Pine- apples, Milk	Chicken and Cheese Quesadilla, Corn, Mixed Fruit, Milk
Snack	WG Goldfish and Juice	Ritz Crackers, Cheese Slices, Water	Yogurt, Strawberries, Water	Chex Mix and Juice	Pretzels, Pears, water

Nov. 17-21

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix Cereal, Pears, Milk	Biscuit w/ Cheese, Pine- apples, Milk	WG Waffles, Applesauce, Milk	WG Cheerio's, Mixed Fruit, Milk	Cinnamon Raisin Toast w/ Cream Cheese, Bananas, Milk
Lunch	WG Chicken Nuggets, Green Beans, Peaches, Milk	WG Meatballs, Rolls, Green Beans, Pears, Milk	Chicken Teriyaki w/ Rice, Mixed Vegetables, Mixed Fruit, Milk	Pasta w/Tomato Sauce, Corn, Pineap- ples, Milk	WG Fish Sticks, Mashed Potatoes, Mixed Fruit, Milk
Snack	Turkey and Cheese Rollup, Crackers, water	Graham Crackers w/ Sun Butter, water	Cheese Its and Juice	Animal Crackers and Milk	WG Goldfish, Pears, water

Nov. 24-28

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Waffles, Bananas, Milk	WG Bagel w/ Cream Cheese, Peaches, Milk	Yogurt, Applesauce, Milk	WG Rice Chex Cereal, Pears, Milk	Pancakes, Sausage Links, Mixed Fruit, Milk
Lunch	Turkey and Cheese sandwiches, Peas, Pears, Milk	WG Chicken Alfredo, Salad w/ Ranch Dress- ing, Mandarin Oranges, Milk	Lasagna w/ Meat Sauce, Carrots, Pineapples, Milk	Hot Dog w/ Baked Beans, Bread w/ Butter, Mixed Fruit, Milk	Cheeseburgers, Green Beans, Applesauce, Milk
Snack	Pretzels, Apple Slices, water	Ritz Crackers, Cheese Sticks, Water	WG Goldfish and Juice	Cheez Its and Juice	Animal Crackers, Pears, Water