

# Wellington Academy Fort Myers

## February 2026 Newsletter



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### Dates to remember...

February 13, 2026  
Valentine Party

February 16, 2026  
Presidents Day  
CLOSED

Dear Parents,

Happy February! We are excited to welcome a new month filled with learning, love, and growth here at Wellington Academy. Thank you for your continued trust and partnership—it truly makes a difference in your child's early learning experience.

Please remember to **label all jackets, sweaters, and personal items**. This weather is the time of year we try very hard to not get sick and consistent attendance supports learning routines and classroom success. If your child will be absent or after 9am, please notify the office as soon as possible. ProCare is quick, easy, and gets to the right people.

If your child participates in Valentine exchanges, please ensure items are **NUT FREE** and small enough for backpacks.

Warmly,

Erica Galutza



## Infants & Developmental 1A

During February, our Infants and One's will explore the theme of Healthy Habits through gentle, sensory-based experiences that support early development. We will introduce letters **U**, **V**, and **W** along with numbers **3**, **4**, and **5** through songs, movement, and counting everyday objects. They will explore the **heart**, **octagon**, and **rectangle** shapes and the colors **white**, **red**, and **pink** using soft textures, books, and art activities that encourage visual tracking and sensory discovery while fostering a nurturing and healthy environment.

♥ Ms. Tina & Ms. Brooke



## Developmental 2A

February's theme is "**Healthy Habits**." Our two's will explore healthy habits through hands-on activities that encourage self-care and body awareness. Children will be introduced to the letters **U**, **V**, and **W** through songs, stories, and letter recognition activities, while strengthening early math skills by counting and identifying the numbers **3**, **4**, and **5**. We will explore shapes **heart**, **octagon**, and **rectangle** using art projects and manipulatives to support fine motor development. The colors **white**, **red**, and **pink** will be incorporated into sensory play, crafts, and classroom materials.

♥ Ms. Kelly

## Developmental 3A

Our Three-Year-Olds will focus on **Healthy Habits** through engaging discussions, stories, and hands-on activities that promote self-care and wellness. Children will explore the letters **Uu**, **Vv**, and **Ww** by practicing letter recognition, sounds, and simple word connections. Early math skills will be strengthened as students identify, count, and compare the numbers **11**, **12**, and **13**. We will also investigate the shapes **heart**, **octagon**, and **rectangle** through structured games, art activities, and classroom exploration. The colors **white**, **red**, and **pink** will be incorporated into creative projects and sensory experiences.

♥ Ms. Angela



## VPK

During this unit of study, the VPK class will explore **Healthy Habits** through developmentally appropriate, teacher-guided instruction and purposeful play. Students will engage in activities designed to support early literacy by identifying and recognizing the letters **Uu**, **Vv**, and **Ww**, with exposure to associated letter sounds through books, songs, and discussions. Mathematical concepts will be reinforced as children practice counting, recognizing, and comparing the numbers **11**, **12**, and **13**. Instruction will also include identifying and describing the shapes heart, octagon, and rectangle through Manipulatives and structured learning centers. The colors **white**, **red**, and **pink** will be integrated into art, science, and sensory activities. These experiences support VPK expectations by improving language development, early math skills, fine motor development, and self-regulation while promoting awareness of healthy choices and routines.

♥ Ms. Lisa





## **What's Happening In February...**

**Friday, Feb. 13, 2026**

Valentine Party

**Monday, Feb. 16, 2026**

CLOSED

Presidents Day




**HAPPY BIRTHDAY**

**Amaia R. 02/02**

**Hunter M. 02/21**





# **FEBRUARY CURRICULUM**

## **THEME** **HEALTHY HABITS**

### **Infants, 1's, and 2's**

#### **Letters**

U, V, W

#### **Numbers**

3, 4, 5

#### **Colors**

Red, White, Pink

#### **Shapes**

Octagon, Rectangle, Heart

### **3's, Pre-K, and VPK**

#### **Letters**

Uu, Vv, Ww

#### **Numbers**

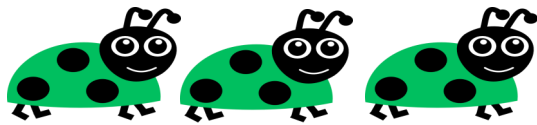
14, 15, 16

#### **Colors**

Red, White, Pink

#### **Shapes**

Octagon, Rectangle, Heart



# Feb. Menu



MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 02/02—02/06</b>					
<b>Breakfast</b>	WG Toast w/ Jelly, Peaches, Milk	WG Cheese Quesadilla, Pineapples, Milk	WG Cheerios, Apple Slices, Milk	French Toast Sticks, Pears, Milk	Scrambled Eggs, WG Toast, Mixed Fruit, Milk
<b>Lunch</b>	Meatballs w/ BBQ Sauce, Roll, Peas, Pears, Milk	Chicken w/ Broccoli Cheese Rice, Mandarin Oranges, Milk	Fish Sticks, Tator Tots, Corn, Mixed Fruit, Milk	WG Chkn Nuggets, Mas. Potatoes, Carrots, Peaches, Milk	WG Cheese Pizza, Green Beans, Applesauce, Milk
<b>Snack</b>	Crackers, Cheese Slice, Water	Yogurt, Peaches, Water	Muffins and Milk	Animal Crackers and Milk	Cheese Its and Apple Juice
<b>Week of 02/09—02/13</b>					
<b>Breakfast</b>	Yogurt, Pineapples, Milk	WG Bagel w/ Cream Cheese, Mandarin Oranges, Milk	Cinnamon Chex, Pears, Milk	Cheese Biscuit, Sausage, Applesauce, Milk	WG Waffles, Applesauce, Milk
<b>Lunch</b>	Chicken Alfredo, Mixed Vegetables, Apple Slices, Milk	WG Pancakes, Sausage, Peaches, Milk	Cheeseburger, Baked Beans, Oranges, Milk	WG Mac and Cheese, Ham Roll-up, Peas, Pineapples, Milk	Beef and Cheese Quesadilla, Corn, Mixed Fruit, Milk
<b>Snack</b>	Graham Cracker, Oranges, Water	Ritz Crackers, Cheese Slice, Water	WG Goldfish and Apple Juice	Muffins and Milk	Pretzels, Pears, Water
<b>Week of 02/16—02/20</b>					
<b>Breakfast</b>	Cinnamon Raisin Toast w/ Cream Cheese, Peaches, Milk	WG Toast w/ Jelly, Mixed Fruit, Milk	Cheerios, Peaches, Milk	English Muffin w/ Jelly, Pears, Milk	WG Pancake, Pineapples, Milk
<b>Lunch</b>	WG Chicken Nuggets, Tator Tots, Green Beans, Pears, Milk	WG Meatballs w/ BBQ Sauce, Roll, Carrots, Pears, Milk	Chicken Teriyaki w/ Rice, Mixed Vegetables, Mixed Fruit, Milk	Cheese Ravioli w/ Tomato Sauce, Corn, Pineapples, Milk	Turkey & Cheese Sandwich, Peas, Mandarin Oranges, Milk
<b>Snack</b>	Ham w/ Crackers, Water	Graham Crackers, Milk	Animal Crackers and Milk	Pretzels, Oranges, Water	WG Goldfish, Apple Juice
<b>Week of 02/23—02/27</b>					
<b>Breakfast</b>	Cinnamon Chex, Peaches, Milk	WG Waffles, Pears, Milk	French Toast, Applesauce, Milk	Yogurt, Apple Slices, Milk	WG Cheese Quesadilla, Pineapples, Milk
<b>Lunch</b>	Mac and Cheese, Turkey Roll-Up, Peas, Pears, Milk	Fish Sticks, Mashed Potatoes, Green Beans, Peaches, Milk	WG Spaghetti w/ Meat Sauce, Corn, Pineapples, Milk	Ham & Cheese Sandwich, Carrots, Mixed Fruit, Milk	WG Cheese Pizza, Mixed Vegetables, Applesauce, Milk
<b>Snack</b>	Animal Crackers with Milk	Cheese Its and Apple Juice	Yogurt, Peaches, Water	Graham Cracker, Oranges, Water	Pretzels and Apple Juice
<b>Week of</b>					
<b>Breakfast</b>	Bagel w/ Cream Cheese, Mixed Fruit, Milk	WG Cinnamon Raisin Toast, Apple Slices, Milk	Cheese Biscuit, Sausage, Pears, Milk	French Toast, Peaches, Milk	Yogurt, Applesauce, Milk
<b>Lunch</b>	Chicken Alfredo, Mixed Vegetables, Apple Slices, Milk	Cheeseburger, Baked Beans, Oranges, Milk	WG Chicken Nuggets, Tator Tots, Green Beans, Banana, Milk	WG Mac and Cheese, Turkey Roll-up, Peas, Pineapples, Milk	Ham & Cheese Sandwich, Peas, Mandarin Oranges, Milk
<b>Snack</b>	WG Goldfish and Apple Juice	Animal Crackers and Milk	Muffins and Milk	Ritz Crackers, Cheese Stick, Water	Graham Cracker, Oranges, Water