

# Wellington Academy North Cape

## February 2026 Newsletter



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Admin News:

February is a sweet month filled of love, friendship, and learning! We are happy to see our little learners growing, exploring, and building new friendships every day. Thank you for your continued support and partnership as we work together to keep our school a safe, happy, and welcoming place for all of our children. Please be sure to check messages for important updates and upcoming events. We look forward to sharing a wonderful month filled with smiles, kindness, and fun!

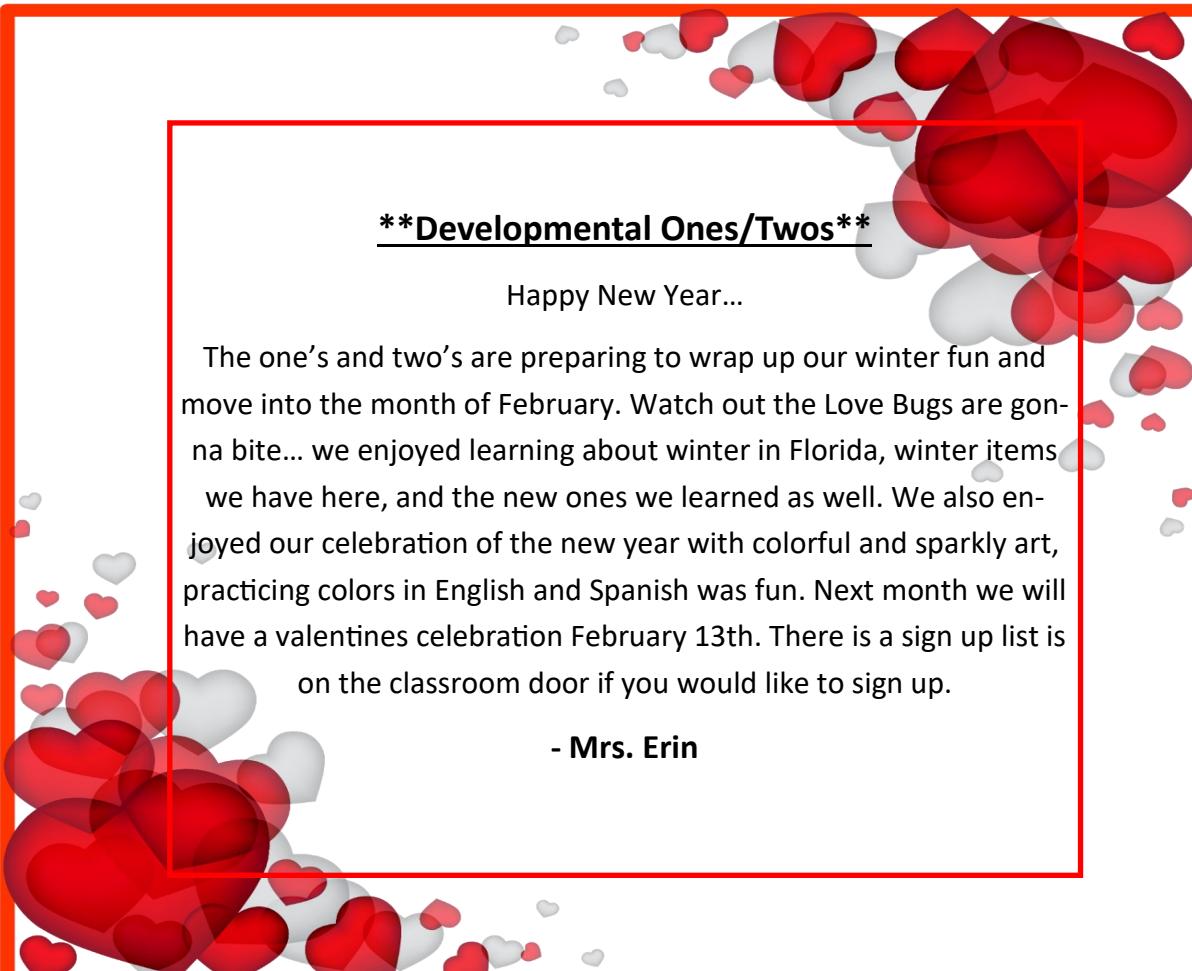
Mrs. Diane and Miss Hannah.

**Important Dates**

**February 13th-Valentine Parties**

**February 16th—Closed for Presidents Day**



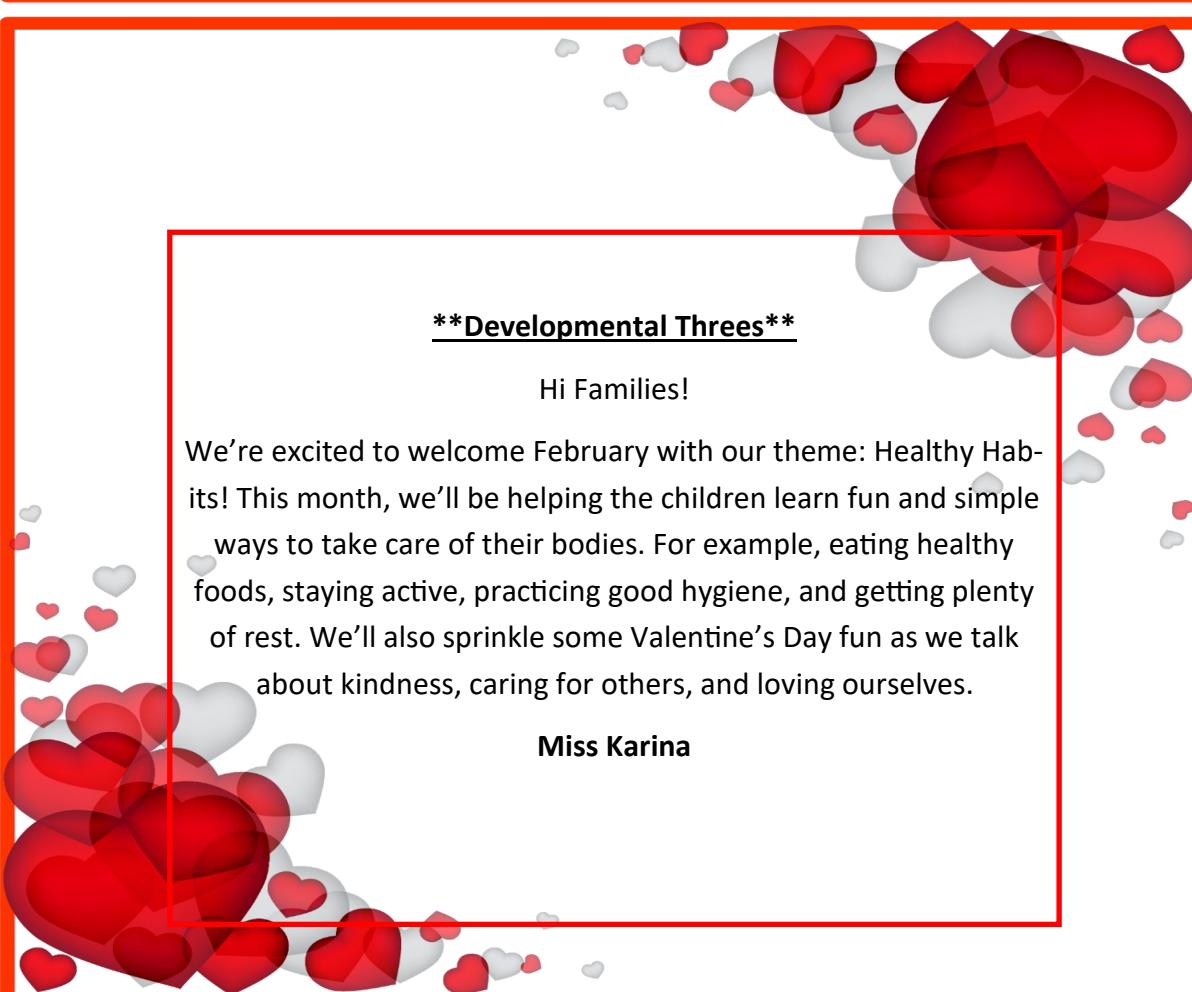


## **\*\*Developmental Ones/Twos\*\***

Happy New Year...

The one's and two's are preparing to wrap up our winter fun and move into the month of February. Watch out the Love Bugs are gonna bite... we enjoyed learning about winter in Florida, winter items we have here, and the new ones we learned as well. We also enjoyed our celebration of the new year with colorful and sparkly art, practicing colors in English and Spanish was fun. Next month we will have a valentines celebration February 13th. There is a sign up list is on the classroom door if you would like to sign up.

- Mrs. Erin



## **\*\*Developmental Threes\*\***

Hi Families!

We're excited to welcome February with our theme: Healthy Habits! This month, we'll be helping the children learn fun and simple ways to take care of their bodies. For example, eating healthy foods, staying active, practicing good hygiene, and getting plenty of rest. We'll also sprinkle some Valentine's Day fun as we talk about kindness, caring for others, and loving ourselves.

Miss Karina

**\*\*VPK A\*\***

This month in VPK, our theme is Healthy Habits! We will be learning about the many ways we can take care of our bodies and minds, including eating nutritious foods, getting plenty of rest, staying active, and practicing good hygiene like handwashing. Through stories, songs, movement activities, and hands-on learning, children will discover how taking care of their bodies helps them grow strong and feel their best.

Miss Hannah & Miss Kaylee

**\*\*VPK B\*\***

Dear VPK B Parents,

Happy February!

I am excited to announce that our theme for this month is “Healthy Habits” throughout February we will engage our little learners in various activities focusing on letter recognition, letter sounds, name tracing, counting, CVC words, rhyming words, and patterns. These foundational skills will support their early literacy and numeracy development. In addition to the academic pursuits, we will also emphasize the importance of positive peer interactions and problem solving skills, encouraging our children to work together and build meaningful friendships. Please remember that we will be closed on February 16th in observance of President’s Day. Thank you for your continued support and involvement in your child’s growth. Together, we can foster a love for learning and healthy habits.

# What's Happening

**February 13th-Valentine's Day**

(Please label Valentines to my  
friend from my friend)

**February 16th-President's Day**

Wellington Closed

# Birthdays

**February 7th**

**Khloe G.**

**February 25th**

**Keegan W.**

# February

## Theme:

Healthy Habits

## Developmental One's & Two's:

Letters: U, V, W

Numbers: 3, 4, 5

Colors: Red, White and Pink

Shapes: Heart, Octagon, & Rectangle

## Developmental Three's, Pre-K & VPK:

Letters: Uu, Vv, & Ww

Numbers: 14, 15, & 16

Colors: Red, White, & Pink

Shapes: Heart, Octagon, & Rectangle



## Good Habits



February 2026

D1: Whole Milk

D2 & Up: 1% Milk

February 2-6

<b>MENU</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast	Cheerios, Pineapple, Milk	French Toast, blue-berries, milk	Cinnamon Raisin Toast, Oranges, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Cheesy Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey & Cheese Sandwich on WG bread, green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza, Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Goldfish, water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk

February 9-13

<b>MENU</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast	Cinnamon Raisin Toast, Orange Wedges, Milk	Chex Ceral , Pears, milk	Breakfast sandwich, Blueberries, Milk	Cheerios, Peaches, Milk	Waffles, Mixed Fruit, Milk
Lunch	Beef Hot Dogs on WG Bun, Peas, Apples, Milk	Grilled Ham & Cheese on WG Bread, Vegetable soup, Mandarin Oranges, Milk	Teriyaki Chicken, WG Rice, Green beans, Peaches, Milk	Pancakes, Sausage Links, Pears, Milk	WG Fish Sticks, Mashed Potatoes, Mixed Fruit, Milk
Snack	WG Goldfish, Peaches, Water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Orange Wedges, Water	WG Ritz Crackers w/ Turkey, Apple Juice	Pretzels w/ cheese, water

February 16-20

<b>MENU</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast	Chex, strawberries, milk	English Muffins, pears, Milk	WG Pancakes, Sausage Links, Applesauce, Milk	Cinnamon Raisin Toast, Grapes, Milk	Cheerios, Strawberries, Milk
Lunch	Hamburger on WG bun, Carrots, Strawberries	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	Pasta w/ meat sauce, oranges, green beans, milk	WG Chicken Nuggets, Mashed Potatoes, Pears, Milk	WG Pizza slice, Peaches, Peas, Milk
Snack	Vanilla Yogurt, blue-berries, water.	Cheez-its, Water	Chex Mix, Water	Graham Crackers, Sun Butter, Water	Animal Crackers, Water

February 2026

D1: Whole Milk

D2 & Up: 1% Milk

February 23-27

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal, Peaches, Milk	French Toast, Pears, Milk	English Muffins, sausage patty, blueberries, Milk	Waffles, applesauce, milk	Cheerios, strawberries, milk
Lunch	Fish Sticks, mixed veggie, oranges, milk	Creamy Chicken Broccoli Alfredo w/ WG Noodles, Mixed Fruit, Milk	Hot dog on WG bun, pears, green beans, milk	Chicken Teriyaki, WG rice, mixed fruit, milk	WG Chicken Nuggets Mashed Potatoes, Peaches, Milk
Snack	Chex mix, water	Graham crackers, sun butter, water	Pretzels & Cheese, water	Animal Crackers, water	Cheez-its, Water