

# Wellington Academy South Cape February 2026



## Wellington Academy

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**Cape Coral, FL 33904**

**Phone**

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**Open Weekdays**

**6:30 am to 6:00 pm**

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[www.wellingtonacademyschools.com](http://www.wellingtonacademyschools.com)

**Director:**

Carol Taylor



## A Word from the Admin

It is so wonderful that we have a whole month dedicated to reminding us about love—because truly, *“All you need is love.”* This month, we are teaching our sweethearts all about friendship and acts of kindness. Valentine’s Day is approaching, so please be on the lookout for sign-up sheets posted on the door outside of your child’s classroom.

February is also **Black History Month**, a time when we celebrate influential individuals who made important contributions to the United States.

*“Where there is family, there is love.”*

## Dates to Remember

**February 14th- Valentine’s Day**

**February 16th-Wellington Closed**

## Happy Birthday from Wellington

**South Cape**

**Zachery 2/18**

**Ms. Kerry 2/24**

# Infants D1

As we enter the month of Love and friendship, we are excited to get started teaching the kiddos how to love all things around them, including family, friends, animals, nature. We will be doing lots of activities such as arts and crafts. We will be doing a Valentines Day Party with the kids.

Ms. Rosie and Ms. Yenni

February aah.... Feel the love in the air.... We will be having a Valentines party, parents please feel free to sign up for goodies, fruit, cheese cubes, crackers, pepperoni-these special treats do not have to be sweets, they can be healthy snacks, as this month is Healthy Habits.... We will be working a lot on the hand washing and keeping the germs away! Parents please while at home do the same. I will also continue to work on using nice hands and using our manners Please and Thank you during circle time we will continue to go over colors, shapes, animals sounds, counting, ABC's, and reading our books. Please keep at least one complete change of clothes in your child's cubby. Also parents please bring a cup daily to ensure is being washed properly. Linen also goes home at the end of the week to be washed for the next week.

Thank you in advance

Enjoy all the Love that February brings

Again thank you, Ms. Kerry

Happy Valentines Day



# D3

Hello all.... As we approach the Month of February, we will talking about the importance of Healthy habits. It is very important to take care of our bodies so that we can feel strong, happy and ready to learn every day. There are many healthy habits we can start with **Eat healthy**—eating a variety of fruits, vegetables, whole grains, and proteins. These foods will give us energy to play and grow strong. **Exercise**— we exercise our bodies, by dancing, or simply just going on walks, as this helps our hearts and muscles stay healthy. **Sleep**— getting enough sleep gets your body ready for the next day. **Wash you hands**— Remember to always wash your hands before eating, and after using the bathroom, this keeps germs away and keeps you healthy. While we will also be talking about Valentines. Please be on the look out for our sign up sheets for the Valentines party.

Love,

Ms. Yoanka

# VPK

February is an exciting month in our VPK classroom as we focus on healthy habits and Valentines day. We will be learning about making healthy food choices, staying active, and practicing good hygiene. In math, we will be reviewing numbers 11-20. Our colors for the month are red, white and pink and shapes are octagon, rectangle, and heart.

We will be having a Valentines party in our classroom. Please send in Valentine cards for a total of 12 children. There will be a sign-up sheet available for families who would like to contribute items for our celebration.

Please remember to bring weather appropriate extra clothes to keep in your child's cubby, as accidents happen. Also, please do not send toys from home, as they can cause distractions in the classroom.

Thank you for you continued support!

Ms. B and Ms. Zuria

# February Curriculum

## Healthy Habits

D-1 & D2

Letters: U, V, W

Numbers: 3,4,5

Colors: White, Red, Pink

Shapes: Octagon, Rectangle, Heart

D-3 & VPK

Letters: Uu, Vv, Ww

Numbers: 3,4,5

Colors: White, Red, Pink

Shapes: Octagon, Rectangle, Heart

Wellington will  
be closed  
February 16th  
For Presidents Day



Happy Birthday!!

Zackery-2/18

Staff

Ms. Kerry 2/24

# February Menu 2026

Uit MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week of 2/2—2/6</b>					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , wg bread and butter Milk	Pancakes, sausage, tater tots, applesauce, milk	Fish sticks , Mixed veggies Pineapple, Wg bread and butter Milk	BBQ Meatballs , mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice
<b>Week of 2/9—2/13</b>					
<b>Breakfast</b>	French Toast sticks Oranges Milk	WG Cheerios, Mixed Fruit Milk	WG Waffles, Applesauce, Milk	Bagels , Pears, Milk	Oatmeal, bananas, Milk
<b>Lunch</b>	Sloppy Joes, Tater tots Peaches, Milk	Mac & cheese Mixed Veggies Pears, Milk	Chicken Fettuccine alfredo Broccoli Pears milk	Wg Grilled ham and cheese , Tomato soup Peaches Milk	WG Spaghetti , meat sauce, salad, mixed fruit Milk
<b>Snack</b>	Wg Goldfish, Mozzarella cheese sticks, Water	Teddy grams, Sliced apples Water	Chex mix Milk	Graham crackers, strawberry yogurt, Water	Pretzels, Apple juice
<b>Week of 2/16—2/20</b>					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice, peaches, wg bread and butter Milk	Pancakes, sausage, tater tots, applesauce, milk	Fish sticks, Mixed veggies, wg bread and butter, Pineapple, Milk	BBQ Meatballs, mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice

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Week of 2/9—2/13					
<b>Breakfast</b>	French Toast sticks Oranges Milk	WG Cheerios, Mixed Fruit Milk	WG Waffles Ap- plesauce, Milk	Bagels , Pears, Milk	Bananas Milk
<b>Lunch</b>	Sloppy Joes, Tator tots Peaches, Milk	Mac & cheese Mixed Veggies Pears, Milk	Chicken Fettuccine alfredo Broccoli Pears milk	wgGrilled ham and cheese , Tomato soup Peaches Milk	WG Spaghetti , meat sauce, salad, mixed fruit Milk
<b>Snack</b>	Wg Goldfish Mozzarella cheese sticks Water	Teddy grams Slice apples Water	Chex mix Milk	Graham crackers, strawberry yogurt Water	Pretzels Apple juice
Week of 2/16—2/20					
<b>Breakfast</b>	Cinnamon Chex Mixed Fruit, Milk	Raisin Toast Pears Milk	Sausage Biscuits Apple slices, Milk	WG Waffles Peaches, Milk	Scrambled Eggs, WG Toast, Banana, Milk
<b>Lunch</b>	Ground beef , black beans, rice peaches , Wg bread and butter Milk	Pancakes, sausage, tator tots, applesauce, milk	Fish sticks , Mixed veggies Wg bread and butter Pineapple, Milk	BBQ Meatballs , mashed potatoes, pears, Milk	Chicken nuggets, French fries, sliced oranges, Milk
<b>Snack</b>	Pretzels, Pears, Water	Cereal Mix (WG Cheerios, goldfish) Water	Ritz crackers, Cheese cubes Water	Animal crackers, Mixed fruit Milk	Cheese its 100% Apple juice