

# Wellington Academy North Cape

## March 2026 Newsletter

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Admin News:

As we welcome the month of March, we are excited for a fun and busy few weeks ahead! We will kick off the month with Dr. Seuss Week during the first week of March, filled with engaging activities and lots of literacy fun. Please be sure to watch for daily participation themes and reminders. We will also have Spring Break this month, and there will be no VPK classes during that time. As we transition into our new school-wide theme of Spring, our classrooms will be exploring growth, nature, and the changes we see all around us. We will also be getting ready for Easter! We would love to have all the kids participating in an Easter Egg Hunt on the playground. **It would be extremely helpful if every family could bring in pre-filled eggs by March 27!** Thank you for your continued partnership and support — we are so grateful to work alongside your families and watch your children learn and grow each day!

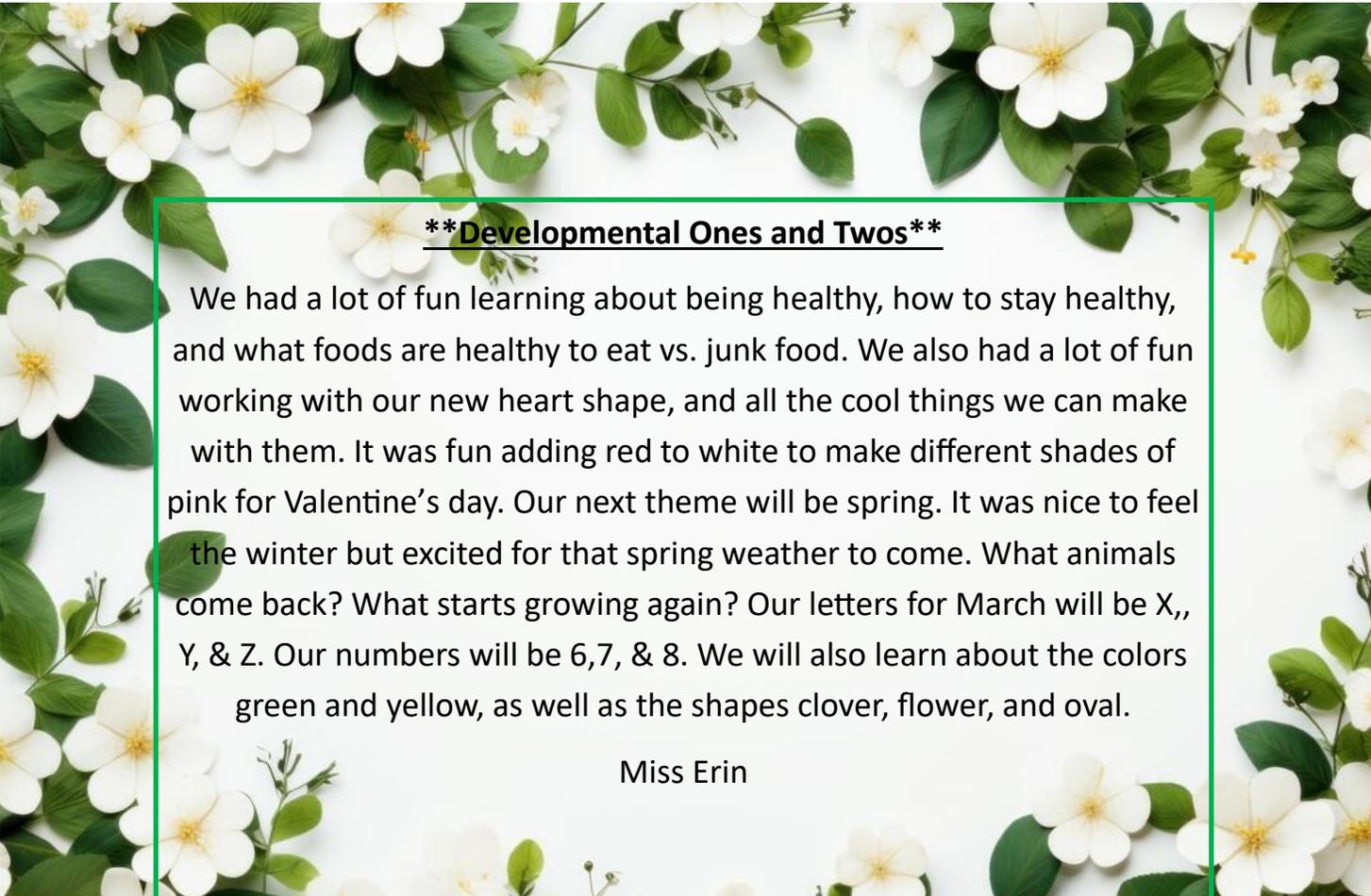
Mrs. Diane & Miss Hannah

### Important Dates

Dr. Seuss Week: March 2-6

Spring Break: March 16-20 (NO VPK)

Pre-filled easter eggs: March 27



**\*\*Developmental Ones and Twos\*\***

We had a lot of fun learning about being healthy, how to stay healthy, and what foods are healthy to eat vs. junk food. We also had a lot of fun working with our new heart shape, and all the cool things we can make with them. It was fun adding red to white to make different shades of pink for Valentine's day. Our next theme will be spring. It was nice to feel the winter but excited for that spring weather to come. What animals come back? What starts growing again? Our letters for March will be X,, Y, & Z. Our numbers will be 6,7, & 8. We will also learn about the colors green and yellow, as well as the shapes clover, flower, and oval.

Miss Erin



**\*\*Developmental Three's\*\***

Hi families!

We're excited to welcome the month of March with our new theme: Spring! This month, we'll be exploring the changes that come with the new season—blooming flowers, fresh green trees and grass, birds chirping, and warmer weather. The children will enjoy learning about nature, growth, and all the beautiful colors of spring. We'll also have a little St. Patrick's day fun as we talk about the color green, and a bit of lucky cheer!

We're focusing on:

Letters: Xx, Yy, Zz

Numbers: 17, 18, 19

Colors: Pink, Green & Yellow

Shapes: Clover, Flower, Oval

We're looking forward to a month filled with hands-On spring activities, colorful art projects, and lots of learning and laughter as we spring into a brand-new season!

Miss Karina

\*\*VPK A\*\*

As we step into March, our classroom theme will be Spring, and we are so excited to explore the changes happening all around us! We will be learning about plants, weather, growth, and new beginnings through hands-on activities, stories, and art projects. Alongside our spring learning, we will continue focusing on important school readiness skills. We will keep building confidence with sight words, practicing compound words, and strengthening our understanding of rhyming words through games, small group work, and interactive literacy centers. Thank you for continuing to practice these skills at home — your support truly makes a difference in helping your child feel confident and prepared for kindergarten!

Miss Hannah & Miss Kaylee

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\*\*VPK B\*\*

As we welcome the month of March, our VPK B class will be diving into our new theme: Spring! We will be exploring topics such as plant life cycles, insects, weather changes, and the many signs of spring through hands-on activities, science exploration, and creative art projects. In preparation for kindergarten, we will continue strengthening our literacy skills by reviewing sight words, identifying and creating compound words, and practicing rhyming words through interactive games and small group instruction. We are so proud of the progress the children are making and appreciate your continued support at home as we work together to build strong school readiness skills!

Ms. Helen



# What's Happening

Dr. Seuss Week: March 2-6

Monday: Cat in the Hat

- Crazy Hat Day

Tuesday: Fox in Socks

- Silly Socks

Wednesday: Wacky Wednesday

- Miss match Clothes

Thursday: Green Eggs and Ham

- Wear Green

Friday: Oh the Places You'll Go

- Career Day (dress up as what you want to be when you grow up).

Spring Break (March 16-20)

- NO VPK



Alison K. 3/18

Ozzy N. 3/19

Keegan 3/25

Miss Hannah 3/27



Theme:

Spring

Developmental One's & Two's:

Letters: X,Y,Z

Numbers: review 6,7,8

Colors: Pink, Green & Yellow

Shapes: Clover, Flower & Oval

Developmental Three's, Pre-K & VPK:

Letters: Xx, Yy,

& Zz

Numbers: re-

view 17, 18 &



March 2026

D1: Whole Milk

D2 & Up: 1% Milk

March 2-6

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Cheesy Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza. Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk

March 9-13

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Toast, Orange Wedges, Milk	Chex Cereal, Pears, Milk	Yogurt, Blueberries, Milk	Cheerios, Peaches, Milk	Waffles, Mixed Fruit, Milk
Lunch	Beef Hot Dogs on WG Bun, Peas, Apples, Milk	Grilled Ham & Cheese on WG Bread, Vegetable soup, Mandarin Oranges, Milk	Teriyaki Chicken, WG Rice, Green beans, Peaches, Milk	Pancakes, Sausage Links, Pears, Milk	WG Fish Sticks, Mashed Potatoes, Mixed Fruit, Milk
Snack	WG Goldfish, Peaches, Water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Orange Wedges, Water	WG Ritz Crackers w/ Turkey, Apple Juice	Cheese Sticks, Pineapple, Water

March 16-20

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix cereal, strawberries, milk.	Vanilla Yogurt, Blueberries, Milk	Pancakes, Sausage Links, Applesauce, Milk	Cinnamon Raisin Toast, Grapes, Milk	Cheerios, Strawberries, Milk
Lunch	Hamburger on WG bun, Carrots, oranges	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pasta W/ meat sauce, green beans, Mandarin Oranges, Milk	WG Chicken Nuggets, Mashed Potatoes, Pears, Milk	WG Pizza slice, Peaches, Peas, Milk
Snack	Vanilla Yogurt, blueberries, water.	Cheez-its, banana's Water	Chex Mix, Pineapples, Water	Graham Crackers, Sun Butter, Water	Animal Crackers, Sliced Watermelon, Water

March 2026

D1: Whole Milk

D2 & Up: 1% Milk

March 23-27

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Biscuits w/ Cheese, Peaches, Milk	French Toast, Pears, Milk	Cheerios, Bananas, Milk	Waffles Peaches, Milks	Chex cereal, Peaches, Milk
Lunch	Fish Sticks, Mixed veggies, applesauce, milk	Creamy Chicken Broccoli Alfredo w/ WG Noodles, Mixed Fruit, Milk	Ham & Cheese Sandwiches w/ WG Bread, Pears, Green Beans, Milk	Cheeseburger Sliders on WG Buns, Mixed Fruit, Milk	WG Chicken Nuggets Mashed Potatoes, Peaches, Milk
Snack	Chex mix, water	Graham crackers, sun butter, water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Apple Juice	Cheez-its, Pineapple, Water

March 30-April 3

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Cheesy Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza. Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk