

# Wellington Academy North Cape

## July 2026 Newsletter

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Admin News:

Summer Camp is in full swing, and we have an exciting month ahead! Please note that the school will be closed on Friday, July 3rd in observance of Independence Day.

Campers can look forward to a visit from the Fire Department on July 15th, as well as Field Day on July 17th, which is sure to be a fun-filled day of games and activities. Color Wars will take place on July 10th and July 24th, As a reminder, Water Day will continue every Friday, so please send your child with appropriate water play attire, a towel, and a change of clothes. Finally, the school will be closed on Friday, July 31st, for Teacher Work Day. Thank you for your continued support, and we look forward to making more summer memories with your children!

**Important Dates**

July 3rd—Closed

July 15th— Fire department

July 31st— closed



**\*\*Developmental Ones and Twos\*\***

**Hello, families! We are excited to welcome July with lots of summer fun and learning! This month, our little ones will enjoy exploring colors, shapes, and summertime themes through stories, songs, sensory activities, and creative art projects. We'll also celebrate Independence Day with patriotic crafts and activities while continuing to build friendships and independence. We look forward to making wonderful memories together this month!**

**Miss Lindsey**

**\*\*Developmental Three's\*\***

**Hi families! We're excited to welcome the month of July with our theme: 3, 2, 1...Blast Off! This month the children will explore outer space, planets, stars, astronauts, and rockets through hands-on activities, art projects, and imaginative learning experiences.**

**We also have a special celebration this month! We will be celebrating Independence Day with fun patriotic activities, crafts, and discussions about our country.**

**We're looking forward to a month filled with discovery, imagination, and out-of-this-world learning adventures.**

**Miss Karina**

A decorative border surrounds the text, featuring a red ribbon with blue, white, and red stars. At the top and bottom of the border are colorful fireworks in shades of red, blue, green, yellow, and purple. The background is white with scattered black confetti.

**\*\*Summer Camp\*\***

Hello, families! July is packed with exciting summer fun! Campers can look forward to Color Wars on July 10th and 24th, a visit from the Fire Department on July 15th, and our exciting Field Day on July 17th. Don't forget that Water Day is every Friday, so please send your child with a swimsuit, towel, and a change of clothes. We can't wait for another month full of laughter, adventure, and unforgettable memories with our campers!

Miss Kaylee



# What's Happening

**July 3rd Closed for Fourth of July**

**July 8th Ice Cream Truck: Bring \$5**

**July 10th Color Wars & Water Day**

**July 15th Fire Department**

**July 17th Field Day & Water Day**

**July 22nd Ice Cream Truck: Bring \$5**

**July 24th Color Wars & Water Day**

**July 31st Closed for Teacher Work Day**



**July 2nd– Mrs. Diane**

**July 5th— Lilliana E.**

**July 13th—Fiona H.**

**July 15th—Miss Karina**



Theme:

3, 2, 1...Blast Off!

Developmental One's & Two's:

Letters: Review M-Z

Numbers: review 6-10

Colors: Red, White, & Blue

Shapes: Crescent & Star

Developmental Three's, Pre-K & VPK:

Letters: Review M-Z

Numbers: review 6-1-

Colors: Red, White, & Blue

Shapes: Crescent & Star

July 2026

D1: Whole Milk

D2 & Up: 1% Milk

June 29-July 3

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Cheesy Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza, Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk

July 6-10

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Toast, Orange Wedges, Milk	Chex Cereal, Pears, Milk	Yogurt, Blueberries, Milk	Cheerios, Peaches, Milk	Waffles, Mixed Fruit, Milk
Lunch	Beef Hot Dogs on WG Bun, Peas, Apples, Milk	Grilled Ham & Cheese on WG Bread, Vegetable soup, Mandarin Oranges, Milk	Teriyaki Chicken, WG Rice, Green beans, Peaches, Milk	Pancakes, Sausage Links, Pears, Milk	WG Fish Sticks, Mashed Potatoes, Mixed Fruit, Milk
Snack	WG Goldfish, Peaches, Water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Orange Wedges, Water	WG Ritz Crackers w/ Turkey, Apple Juice	Cheese Sticks, Pineapple, Water

July 13-17

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix cereal, strawberries, milk.	Vanilla Yogurt, Blueberries, Milk	Pancakes, Sausage Links, Applesauce, Milk	Cinnamon Raisin Toast, Grapes, Milk	Cheerios, Strawberries, Milk
Lunch	Hamburger on WG bun, Carrots, oranges	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pasta W/ meat sauce, green beans, Mandarin Oranges, Milk	WG Chicken Nuggets, Mashed Potatoes, Pears, Milk	WG Pizza slice, Peaches, Peas, Milk
Snack	Vanilla Yogurt, blueberries, water.	Cheez-its, banana's Water	Chex Mix, Pineapples, Water	Graham Crackers, Sun Butter, Water	Animal Crackers, Sliced Watermelon, Water

July 2026

D1: Whole Milk

D2 & Up: 1% Milk

July 20-24

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Biscuits w/ Cheese, Peaches, Milk	French Toast, Pears, Milk	Cheerios, Bananas, Milk	Waffles Peaches, Milks	Chex cereal, Peaches, Milk
Lunch	Fish Sticks, Mixed veggies, applesauce, milk	Creamy Chicken Broccoli Alfredo w/ WG Noodles, Mixed Fruit, Milk	Ham & Cheese Sandwiches w/ WG Bread, Pears, Green Beans, Milk	Cheeseburger Sliders on WG Buns, Mixed Fruit, Milk	WG Chicken Nuggets Mashed Potatoes, Peaches, Milk
Snack	Chex mix, water	Graham crackers, sun butter, water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Apple Juice	Cheez-its, Pineapple, Water

July 27-31

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast, Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Cheesy Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza, Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk