

Wellington Academy North Cape

August 2026 Newsletter

Director:

Diane Reardon

Office Manager:

Hannah Reardon

Address:

1024 SE 10th Street
Cape Coral FL 33990

Phone:

239-574-8818

Fax:

239-574-2778

Hours:

Open Monday - Friday
6:30 AM - 6:00 PM

Website:

Wellingtonacademyschools.com

Email:

Northcape@wellingtonacademyschools.com

Admin News:

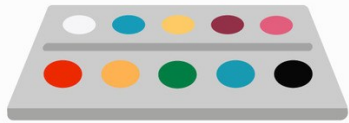
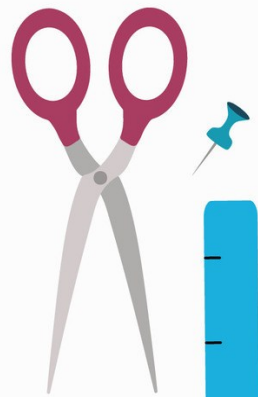
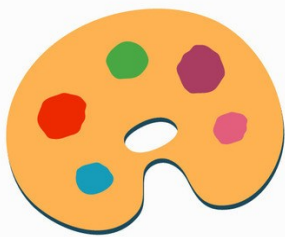
Welcome to a brand-new school year! We are so excited to welcome both returning and new families as we begin another year of learning, growth, and fun. August is an exciting month as we prepare our classrooms and teachers for a successful year ahead. We invite all families to join us for Open House, where you'll have the opportunity to meet your child's teachers, explore the classroom, and learn about what to expect this school year. We are also thrilled to welcome our newest VPK students as they begin an exciting journey filled with hands-on learning, new friendships, and kindergarten readiness. Thank you for trusting us with your children—we look forward to partnering with your family to make this school year a wonderful one!

Mrs. Diane & Miss Hannah.

Important Dates

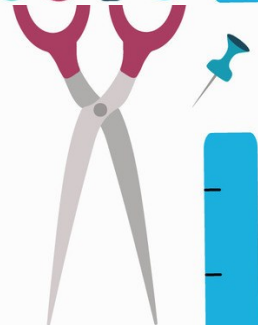
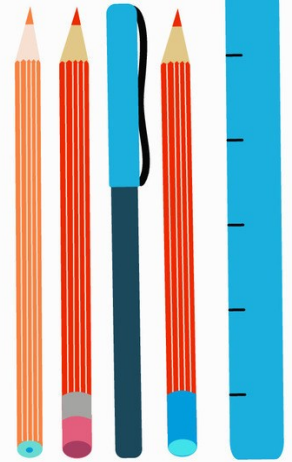
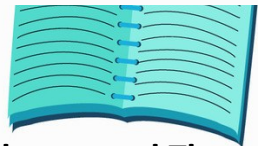
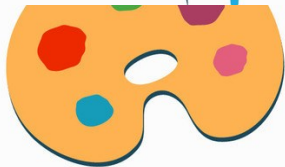
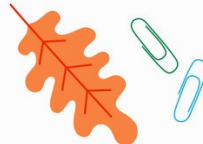
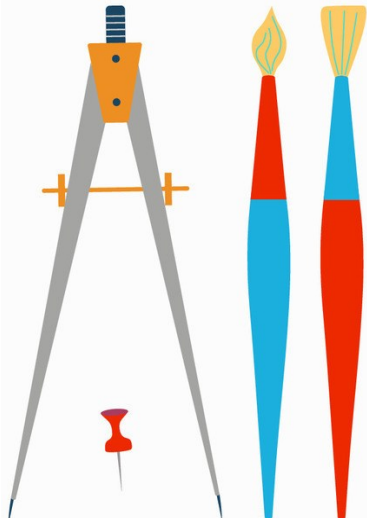
August 4th—VPK Open House 6:30 PM—7:30 PM

August 11th—First Day Of School



Welcome back to school! This August, our Twos will explore classroom routines, make new friends, and learn through fun, hands-on activities. We'll practice sharing, taking turns, following simple directions, and becoming more comfortable in our classroom. We're excited for a wonderful month filled with learning, laughter, and new adventures!

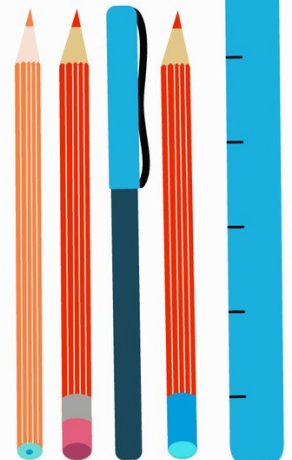
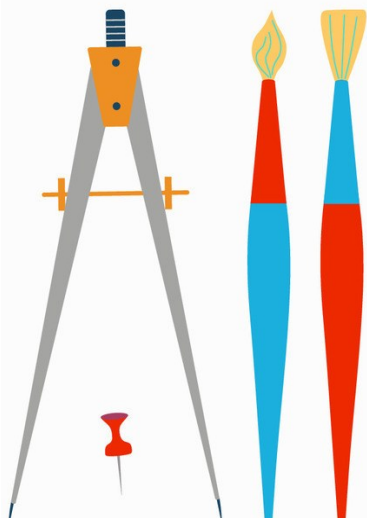
Miss Lindsey



****Developmental Three's****

This month, our 3-year-old class will be exploring our Back to School Theme! We will focus on helping children become comfortable with classroom routines while building friendships and confidence. Through fun, hands-on activities, the children will practice sharing, taking turns, recognizing their names and following simple directions. We will read stories about starting school, sing songs, create school-themed crafts, explore colors, shapes, letters, and numbers through play. Our goal is to make every child feel safe, welcomed, and excited to learn as we begin a wonderful year of growing, discovering, and having fun.

Miss Kaylee



****VPK A****

Welcome to VPK! We are so excited to begin a new school year filled with learning, laughter, and new friendships. This month, our Back to School theme will help children become familiar with their classroom, daily routines, classmates, and school expectations while building confidence in their new environment. We will focus on practicing classroom rules, making new friends, and learning how to be kind, respectful, and responsible members of our classroom community. Throughout the month, we'll also begin exploring letters, numbers, colors, shapes, and early literacy skills through hands-on activities, songs, stories, art, and play. We can't wait to watch your child learn, grow, and shine this year!

Miss Karina & Miss Hannah

What's Happening





AUGUST BIRTHDAYS

Weston T.

8/9

Mrs. Pam

8/28

Miss Lindsey

8/30



Theme:

Back to School

Developmental One's & Two's:

Letters: A, B, C, & D

Numbers: 0, 1, & 2

Colors: Green & Yellow

Shapes: Circle & Square

Developmental Three's, Pre-K & VPK:

Letters: Aa, Bb, Cc, & Dd

Numbers: 0, 1, & 2

Colors: Green and Yellow

Shapes: Circle and Square



August 2026

D1: Whole Milk

D2 & Up: 1% Milk

August 3-7

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Cheesy Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza. Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk

August 10-14

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Toast, Orange Wedges, Milk	Chex Cereal, Pears, Milk	Yogurt, Blueberries, Milk	Cheerios, Peaches, Milk	Waffles, Mixed Fruit, Milk
Lunch	Beef Hot Dogs on WG Bun, Peas, Apples, Milk	Grilled Ham & Cheese on WG Bread, Vegetable soup, Mandarin Oranges, Milk	Teriyaki Chicken, WG Rice, Green beans, Peaches, Milk	Pancakes, Sausage Links, Pears, Milk	WG Fish Sticks, Mashed Potatoes, Mixed Fruit, Milk
Snack	WG Goldfish, Peaches, Water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Orange Wedges, Water	WG Ritz Crackers w/ Turkey, Apple Juice	Cheese Sticks, Pineapple, Water

August 17-21

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix cereal, strawberries, milk.	Vanilla Yogurt, Blueberries, Milk	Pancakes, Sausage Links, Applesauce, Milk	Cinnamon Raisin Toast, Grapes, Milk	Cheerios, Strawberries, Milk
Lunch	Hamburger on WG bun, Carrots, oranges	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pasta W/ meat sauce, green beans, Mandarin Oranges, Milk	WG Chicken Nuggets, Mashed Potatoes, Pears, Milk	WG Pizza slice, Peaches, Peas, Milk
Snack	Vanilla Yogurt, blueberries, water.	Cheez-its, banana's Water	Chex Mix, Pineapples, Water	Graham Crackers, Sun Butter, Water	Animal Crackers, Sliced Watermelon, Water

August 2026

D1: Whole Milk

D2 & Up: 1% Milk

August 24-28

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Biscuits w/ Cheese, Peaches, Milk	French Toast, Pears, Milk	Cheerios, Bananas, Milk	Waffles Peaches, Milks	Chex cereal, Peaches, Milk
Lunch	Fish Sticks, Mixed veggies, applesauce, milk	Creamy Chicken Broccoli Alfredo w/ WG Noodles, Mixed Fruit, Milk	Ham & Cheese Sandwiches w/ WG Bread, Pears, Green Beans, Milk	Cheeseburger Sliders on WG Buns, Mixed Fruit, Milk	WG Chicken Nuggets Mashed Potatoes, Peaches, Milk
Snack	Chex mix, water	Graham crackers, sun butter, water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Apple Juice	Cheez-its, Pineapple, Water