

Wellington Academy North Cape

September 2026 Newsletter

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Admin News:

September is here, and we are excited to learn all about Community Helpers and the important roles they play in our neighborhoods! Please remember that the school will be closed on Monday, September 7. We also look forward to celebrating Grandparents Day and capturing lots of sweet smiles on Fall Picture Day, September 11th! Lastly, there will be no VPK classes on Monday, September 21. We are looking forward to a fun and memorable month with our Wellington Academy families!

Mrs. Diane & Miss Hannah.

Important Dates

September 7: Closed for Labor Day

September 11: Picture day & Grandparents Day

September 21: No VPK

****Developmental Ones and Twos****

September is going to be a busy and exciting month in our Ones and Twos classroom! This month, we will be learning about Community Helpers and exploring the many special people who help keep our community safe, healthy, and happy. Our little learners will enjoy hands-on art, sensory activities, songs, stories, and lots of learning through play. We are looking forward to a wonderful month filled with growing, discovering, and making sweet memories together!

Miss Sky

****Developmental Three's****

September is going to be an exciting month in our Threes classroom! As we explore our Community Helpers theme, the children will learn about the important people who help our community each day, including firefighters, police officers, doctors, teachers, and more. We will enjoy engaging stories, creative art projects, hands-on activities, and imaginative play while building new skills along the way. We are looking forward to a wonderful month of learning, growing, and having fun together!

Miss Kaylee

The entire page is framed by a decorative border of autumn leaves in shades of orange, yellow, and brown, interspersed with small red berries. The leaves are scattered along the top, bottom, and sides of the page.

****VPK A****

September is going to be a fun and exciting month in VPK A! As we explore our Community Helpers theme, the children will learn about the many people who work together to keep our community safe, healthy, and running smoothly. Through stories, classroom discussions, creative art projects, hands-on activities, and dramatic play, we will build early literacy, math, social, and problem-solving skills. We look forward to a wonderful month of learning, growing, and discovering together!

Miss Hannah

**** VPK B****

September is going to be a wonderful month in VPK B! This month, we will explore our Community Helpers theme and discover how different people work together to make our community a better place. The children will learn through engaging stories, group discussions, creative projects, hands-on activities, and imaginative play while strengthening their early literacy, math, social-emotional, and problem-solving skills. We are excited for another month of learning, growing, and making memories together!

Miss Karina

What's Happening

A decorative border of autumn leaves in shades of red, orange, and yellow surrounds the central text.

September 7th

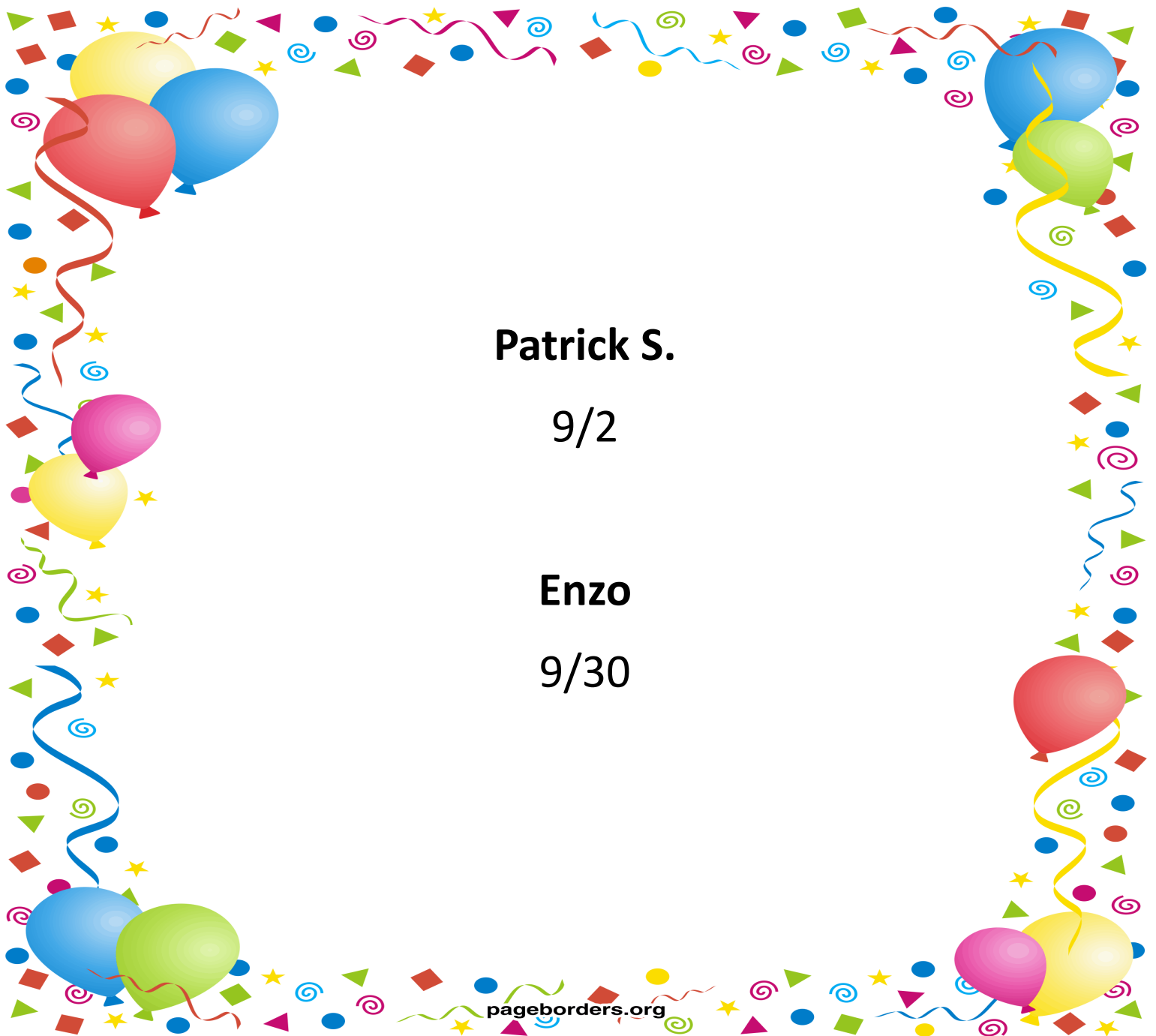
Wellington is closed for Labor
Day

September 11th

Grandparents Day
Picture Day

September 21st

No VPK



Patrick S.

9/2

Enzo

9/30

September

Theme:

Community Helpers

Developmental One's & Two's:

Letters: E, F, G, & H

Numbers: 3, 4, & 5

Colors: Red and White

Shapes: square & octagon

Developmental Three's, Pre-K & VPK:

Letters: Ee, Ff, Gg, & Hh

Numbers: 4, 14, & 5

Colors: Red and White

Shapes: Square, Octagon, & Cylinder



September 2026

D1: Whole Milk

D2 & Up: 1% Milk

August 31—September 4

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza, Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk

September 7—11

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Toast, Orange Wedges, Milk	Cheerios, Pears, Milk	French Toast Sticks, Fruit, Milk	Special K, Peaches, Milk	Waffles, Mixed Fruit, Milk
Lunch	Beef Hot Dogs on WG Bun, Peas, Apples, Milk	Baked Ziti w/ WG Pasta, Mixed Veggies, mangoes, milk	Teriyaki Chicken, WG Rice, Green beans, Peaches, Milk	Pancakes, Sausage Links, fruit, Milk	WG Pizza, Peas, Mixed Fruit, Milk
Snack	WG Goldfish, Peaches, Water	Fruit yogurt and water	Animal Crackers, Water	WG Ritz Crackers w/ Cheese, Apple Juice	Cheese Its, Water

September 14 –18

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Frosted Flakes cereal, strawberries, milk.	Vanilla Yogurt, Blueberries, Milk	Pancakes, Sausage Links, Applesauce, Milk	WG Toast w/ Jelly, Grapes, Milk	Cheerios, Strawberries, Milk
Lunch	Hamburger on WG bun, Carrots, oranges	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pasta W/ meat sauce, green beans, Mandarin Oranges, Milk	WG Chicken Nuggets, Mashed Potatoes, Pears, Milk	WG Pizza slice, Peaches, Peas, Milk
Snack	Vanilla Yogurt, blueberries, water.	Cheez-its, banana's Water	Pretzels, Pineapples, Water	Graham Crackers, Sun Butter, Water	Animal Crackers, Sliced Watermelon, Water

September 2026

D1: Whole Milk

D2 & Up: 1% Milk

September 21—25

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Biscuits w/ Cheese, Peaches, Milk	French Toast, Pears, Milk	Cheerios, Bananas, Milk	Waffles Peaches, Milks	Chex cereal, Peaches, Milk
Lunch	Fish Sticks, Mixed veggies, applesauce, milk	Creamy Chicken Broccoli Alfredo w/ WG Noodles, Mixed Fruit, Milk	Ham & Cheese Sandwiches w/ WG Bread, Pears, Green Beans, Milk	Cheeseburger Sliders on WG Buns, Mixed Fruit, Milk	WG Chicken Nuggets Mashed Potatoes, Peaches, Milk
Snack	Chex mix, water	Graham crackers, sun butter, water	Vanilla Yogurt, Strawberries, Water	Animal Crackers, Apple Juice	Cheez-its, Pineapple, Water

September 28—October 2

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza. Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk